



# YOSHON QUICK REFERENCE GUIDE 5784-85



Current as of September 18, 2024

The Yoshon season has begun. Dates below are based on information from the listed companies and their hashgachos. Items marked with an asterisk \* means specific info is not yet available. Dates shown are based on the following general cutoff times agreed to by all the relevant kashrus agencies: **Wheat** (incl. semolina & durum), **Barley & Oats**: 9-15-24 | **Pasta**: 9-16-24. For products not listed here, visit yoshon.com.

## INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- Malt**
- Wheat Germ**

## INGREDIENTS NOT OF CONCERN

- Spelt** (in/from USA and Canada)
- Maltodextrin** (USA only; Europe may be *chodosh*)
- Rye**
- Food Starch**
- Yeast**

## PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
  - Rabbi O.Y. Westheim of Manchester
  - Kedassia of London
  - Rabbi Schneebalg
- Soy, Teriyaki and Tamari Sauces | Bulgur Wheat

## PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2024)
- Soft **PACKAGED** baked goods – 9-15-24
- Noodles and Pasta – 9-16-24
- Barley – 9-15-24
- Oats – 9-15-24
- Malt – 3-15-25
- Beer – 12-15-24

## FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2594), represent the Julian date (259 is the day and 4 is the year). If the listed code is 2594 (i.e. Sep 15, 2024) then the code on the package can be 259 or lower.

### BAKED PRODUCTS

- BETTY CROCKER** Mixes – mixes are *yoshon*; pizza crusts – 9-15-25
- Cookies and Crackers**
  - ALDI'S** Graham Crackers – Mar 19, 2025
  - BLOOM'S** Cookies – always *yoshon*
  - KEMACH**
    - Grahams & Crackers – TBD
    - Cookies – with *yoshon* label only
    - Breadsticks – TBD
    - Flat breads – TBD
    - Ice Cream Cones – with *yoshon* label only
  - LIEBER'S** Cookies and Crackers – TBD
  - OREOS** (USA only) – always *yoshon*
  - PAS** – with *yoshon* label only.
  - SHOPRITE BOWL & BASKET** Graham Crackers – Mar 19, 2025
  - STELLA D'ORO**
    - Breakfast treats, toast and biscotti – Mar 15, 2025
    - Sponge Swiss Fudge Cookies – Jan 15, 2025
    - 100 Calorie Packs – May 15, 2025
- DUNCAN HINES MIXES**
  - Cake Mixes and Brownies – always *yoshon*
  - All other mixes – 9-15-25

- Matza** (including **Matza Meal**) – always *yoshon*
- Pretzels (Hard)/Snacks**
  - HADDAR** – with *yoshon* label only
  - HERR'S** – 12-16-24
  - LANDAU'S** – TBD
  - LIEBER'S** – TBD
  - NEW YORK PRETZELS** – 9-15-25
  - UTZ Honey Wheat Pretzels** – 1-15-25
  - PRINGLES** (some contain wheat) – code L4259
  - WISE**
    - .75 oz. & 1.75 oz – 2-4-25\*
    - 3.25 oz. – 1-2-25\*
    - 8.75 oz. – 12-11-24\*
  - GOLDEN FLUFF** – always *yoshon*
  - KITOV** – 9-15-25
  - SNACK FACTORY** – 9-15-25\*
  - BLOOM'S** – *yoshon* (malt may be *chodosh*)
- Waffles & Pancakes**
  - EGGO Waffles and Pancakes:**
    - With oats – 12-17-25\*
    - Just wheat – 12-19-25
  - EGGO Thick & Fluffy French Toast/Pancake Bites** (single-serve packets) – 9-15-25
  - KEMACH** Pancake Mix – TBD
  - PEARL MILLING CO** – formerly Aunt Jemima
    - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
      - Pancakes – TBD
      - Waffles – TBD
    - Frozen:
      - Pancakes – TBD
      - Waffles – TBD

### BAKING SPRAY WITH FLOUR (If they don't have flour, there is no concern)

- BAKER'S JOY** and **CRISCO** – always *yoshon*
- PAM** – 9-15-26
- GLICKS** – always *yoshon*

### BARLEY

- GEFEN** – always *yoshon*
- MANISCHEWITZ** – 9-15-25 or 2594
- QUAKER** – 9-15-25
- UNGER** – always *yoshon*

### BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/23

### BREAD AND CORN FLAKE CRUMBS

- GEFEN** – always *yoshon*
- JASON** – always *yoshon*
- KELLOGG'S** – Dec 15, 2025\*
- KINERET (Made in Israel)** – always *yoshon*
- LIEBER'S** – TBD
- KIKKOMAN PANKO** – Mar 3, 2025\*
- B'GAN** – with *yoshon* label only



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**CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL**

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley or oats, use 9-15-24\*).

**1. BARBARA**

- Oats – 9-15-25\*
- Wheat – 9-15-25\*
- Original – 4-25-24\*

**2. CASCADIAN FARMS**

- Granolas – TBD
- Other cold cereals – TBD

**3. CREAM OF WHEAT – 9-15-25****4. GENERAL MILLS**

- Oats – 9-30-24
- Wheat – always *yoshon*
- Barley – 9-15-25

**5. KASHI**

- Oats – 9-30-24
- Wheat – always *yoshon*

**6. KELLOGG'S (if made in Europe always *yoshon*)**

- Oats – 9-15-25\*
- Wheat – 9-15-25\*
- Barley – 9-15-25\*
- Malt – 12-15-25\*

**7. KEMACH**

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – TBD
- Corn Crisp, Bunch 'O Krunch – TBD

**8. MALT-O-MEAL**

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – 9-15-24\* packing date
- if contains only wheat – 9-15-24\* packing date
- if contains only barley – 9-15-24\* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

**9. NATURE VALLEY – 9-14-25 (except if produced in S America)****10. POST**

- Oats – 9-14-25
- Wheat – *yoshon*
- Barley – 9-15-25
- Malt – 12-15-25

**11. QUAKER (USA) [In EY and EU with KF *hechsher* are always *yoshon*]**

- Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – 5-23-25
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – 5-23-25

- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!s, Puffed Wheat, Quisp – 6-23-25
- Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – 9-23-25
- Oats (Rolled, Instant, Old Fashioned) – 3-23-26

**12. SHOPRITE BOWL & BASKET**

- Instant Oatmeal – 3-13-26\*
- Cold Cereal – info not available

**13. STOP & SHOP/GIANT**

- Cereal
  - With oats – 9-15-25\*
  - With wheat – 9-15-25\*
- Oatmeal – 9-15-25\*

**14. TARGET GOOD & GATHER**

- Instant Organic Oatmeal – 9-15-25\*

**15. WALMART**

- Quick Oats – 3-14-26\*
- Bran Flakes – 9-15-25\*

**CHOW MEIN NOODLES**

- EDEN** – with *yoshon* label only
- GLICKS** – 0624
- KEMACH** – TBD
- STREIT'S** – always *yoshon* unless labeled *chodosh*
- LIEBER'S** – TBD
- LA CHOY** – info not available

**EGG ROLL/WONTON WRAPPERS**

- GEFEN Egg Roll and Won Ton Wrappers** – always *yoshon*
- GOLDEN BOWL**
  - Won Ton Wraps – code 152409
  - Spring Roll Wrappers – 9-15-25
- DEPENDABLE** – always *yoshon*
- NASOYA Egg Roll and Won Ton Wrappers** – TBD
- WON TON FOOD CO** – code 91524 (any letters are irrelevant)
- B'GAN** – with *yoshon* label only

**FLOUR****1. All Purpose Flour**

- **DEPENDABLE** – with *yoshon* stamp only
- **GIANT/STOP & SHOP** – 8-18-25\*
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul* 2-4-26; malt 12-15-25)
- **HECKERS** – always *yoshon* (malt 12-15-24)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 18, 2025, 50lb bags Aug 18, 2024
- **PILLSBURY** – winter wheat (malt): 12-15-25
- **SHOPRITE** – 3-6-26
- **TARGET/MARKET PANTRY FLOUR/ GOOD & GATHER** – 2-27-26

**2. Whole Wheat Flour**

- **DEPENDABLE** – with *yoshon* stamp only
- **GOLD MEDAL** (all mills) – 2-4-25
- **HECKERS** – always *yoshon* (malt 12-15-24)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags 8-18-25, 50lb bags 8-18-24
- **PILLSBURY** – 9-30-25
- **TARGET/MARKET PANTRY/ GOOD & GATHER** – 2-24-26



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## 3. Bread Flour (High-Gluten Flour)

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul* 2-4-26; malt 12-15-25)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags 8-18-25, 50lb bags 8-18-24
- **PILLSBURY** – winter wheat (malt): 12-15-25
- **TRADER JOE'S** – TBD
- **HECKERS** – always *yoshon*

## FROZEN/MISCELLANEOUS

1. **ALLE/MEAL MART Frozen Products** – always *yoshon*
2. **APOLLO Fillo Dough** – 9-15-25 or 2594
3. **DR. PRAEGER'S**
  - Oats – TBD
  - Wheat – TBD
4. **FRENCH'S French Fried Onions**: 9-15-26
5. **GOLDEN**
  - Blintzes – 9-15-26
  - Potato pancakes – TBD
6. **MCCAIN** Fries (that contain flour, e.g. spicy fries): no *yoshon* info
7. **MEHADRIAN** Cookies & Cream Ice Cream – TBD
8. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
  - Pancakes – TBD
  - Waffles – 9-15-26
9. **PRIDE OF THE FARM** Cookie Dough Ice Cream – always *yoshon*
10. **SHINDLER'S** Products – always *yoshon*
11. **TOFUTTI** Cuties – TBD
12. **TRADER JOE'S** Potato Pancakes – TBD
13. **UNGAR'S** Fish – always *yoshon*

## ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **ESSENTIAL EVERYDAY**, **JOY**, **SHOPRITE BOWL & BASKET**, **TRADER JOE'S**, **WALMART GREAT VALUE**, **WHOLE FOODS 365**

## KISHKE

The following brands are always *yoshon*: **A&B**, **BENZ'S**, **MEAL MART**, **UNGER'S**

## LICORICE/CANDY

1. **DARRELL LEA** – 9-15-25
2. **JOLLY RANCHERS** – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **PASKESZ** Sour Sticks/Belts – always *yoshon*
5. **RED VINES** – TBD
6. **SHNEIDER'S CANDY PLANET** – *yoshon*
7. **SOUR PUNCH Twists** – 9-15-25
8. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*

## NOODLES/PASTA

1. **ALDI** Pasta & Egg Noodles – 9-6-26\*
2. **BARILLA**
  - ProteinPLUS Pasta – 8-22-2025\*
  - Whole Grain – 2-27-25\*
  - Lasagna – 5-13-2026\*
  - Other pastas and orzo – 5-13-2027\*
3. **CALIFORNIA DELIGHT** – always *yoshon*
4. **EDEN** – with *yoshon* label

## 5. ESSENTIAL EVERYDAY – 9-16-26\*

## 6. GEFEN Ramen Noodles – Not *yoshon*

## 7. GIANT/STOP & SHOP – 9-16-26\*

## 8. GOODMAN'S

- Pasta – 9-12-27\*
- Egg noodles – 9-12-27\*

## 9. HODGSON MILLS Couscous – TBD

## 10. KEMACH

- Egg noodles – TBD unless labeled *yoshon*
- Other pasta products – Sept 1, 2025

## 11. MANISCHEWITZ – 9-12-27\* or 2567\*

## 12. MOTHER'S – code 2596\*

## 13. SAN GIORGIO

- Egg Noodles, Oven Ready Lasagna – 9-16-26\*
- Pasta – 9-16-26\*

## 14. NEAR EAST Couscous, Pilaf with Orzo – 9-16-25\*

## 15. NO YOLKS – 9-16-25

## 16. PENNSYLVANIA DUTCH Egg Noodles – 9-16-26

## 17. RALPH'S – 9-16-26\*

## 18. SHOPRITE Bowl & Basket – 9-16-26\*

## 19. STREIT'S – always *yoshon* (except chow mein)

## 20. TRADER JOE'S Pasta – 9-16-27\* | Organic/Specialty Pasta – 9-16-26\*

## PIE CRUSTS/PASTRY DOUGH

## 1. APOLLO Fillo Dough – 9-15-25\*

## 2. GEFEN Pie Crusts – TBD

## 3. GLICKS Graham Cracker Pie Crusts – always *yoshon*

## 4. KEEBLER Pie Crusts – TBD

## 5. KEMACH

- Chocolate Pie Crust – TBD
- Graham Pie Crust – TBD

## 6. MECHEL'S – All *yoshon*

## 7. MOTHER'S Graham Cracker Pie Crust – TBD

## 8. UNGAR'S Pastry Dough – always *yoshon*

## SOUP/SOUP MIXES

## 1. GEFEN Noodle Soup Cup – not *yoshon* if purchased after 9-15-24\*

## 2. KEDEM – TBD

## 3. KEMACH

- Onion, split pea – with *yoshon* label only
- Vegetable – TBD
- Minestrone – TBD

## 4. LIEBER'S – TBD

## 5. MANISCHEWITZ

- Noodle/Pasta – 9-16-24 or 2605

## 6. SHOPRITE

- Soup mixes – TBD
- Canned (except tomato) – TBD
- Canned Tomato Soup – TBD

## 7. STREIT'S – always *yoshon*

## 8. TRADITION – TBD

## VINEGAR

## 1. Regular Vinegar has no *chodosh* concern.

## 2. Malt, Tarragon, or Salad Vinegar (purchased after Dec 15, 2023)

### HEINZ

- Malt vinegar – 6-15-27\*
- Tarragon and Salad – 12-15-27\*