# AGUIDE TO CHUINARY

For the Year 5782 ('21-'22)

Price \$5

Questions can be texted to 914-522-0096 and will be answered via text. DO NOT call this number with questions!! Please do not send Thank you Texts. For more information see page 4. The hotline is still operational and will be answered once a week, on Sunday or Monday.

BY R' YOSEPH HERMAN Z"L
WITH THE ASSISTANCE OF C. ROSSKAMM

לזכר נשמת יוסף בן יהושע זייל וקרעסיל קריינדל עטרה בת שרגא צבי עייה הרמן

#### לעילוי נשמות

#### אבי מורי ר' יהושע בן ר' משה ע"ה

#### ואמי מורתי בריינדל בת ר' יקותיאל הלוי ע"ה

קונטרס זה מוקדש ברגשי תודה עמוקים למרן ראש הישבה מרנו ורבנו, הרב הגאון יעקב קמנצקי זצוק"ל. אשר האיר את עינינו והדריכנו בכל שטחי חיינו וענפיהם. קונטרס זה לא היה יוצא לאור ולא היה בר-סימא בלי עצתו הטובה ועדודו התמדי.

כמו-כן מוקדש הקונטרס לזכר נשמת מורנו ורבנו, הגאון מרן הרב משה פיינשטיין זצוק"ל אשר עצתו והכונתו סיעו לסדורו.

Note: The above dedication to Reb Yaakov ZT"L and Reb Moshe ZT"L is an expression of gratitude for the support and advice that they gave to the publication of this Guide. It should not imply that they gave any haskomo to this Guide or that they paskened that everyone must avoid eating all foods that the Guide labels "Chodosh".

בלב קרוע ומורתח מקדישים אנו קונטרס זה לעילוי נשמת מחברו הדגול אבינו מורנו עטרת ראשנו רבי יוסף ב"ר יהושע הערמאן זצ"ל אשר טרח ועמל לזכות את הרבים בצורה נפלאה למעלה מארבעים שנה. לא יאומן כי יסופר כמה יגיעות יגע וכמה עמל השקיע בזה במסירות ונאמנות ואחריות גדולה עד יומו האחרון.

דומה כי ניתן לומר שמבצעו הכביר בענין חדש היה בבחי' 'שמא קגרים', כי היה תמיד מלא התחדשות ורעננות הן בעבודת בוראו הפרטית והן בזיכוי הרבים, ונוסף לרוב עסקו לזכות את הרבים בזהירות מאיסור חדש היו עוד כמה ענינים בהם זיכה את הרבים מתוך הרגשת אחריות ואדיר חפצו להגדיל כבוד שמים.

בקשתנו שטוחה מכל הנהנה מיגיעו של אבינו המחבר זצ"ל שיואיל לגמול לו חסד ולעשות לטובת ולעילוי נשמתו ע"י חיקוי דרכיו בהתחדשות מתמדת בעבודת ה', זיכוי הרבים והרבות כבוד שמים - ובשומו אל לבו הלקח הגדול שהנחילנו שאין דבר טוב שא"א להשיגו ע"י רצון ועבודה מתמדת בעמל ובהשקעה... וודאי שהלומד מדרכיו ועושה כן, או הלומד משניות לעילוי נשמתו הינו מראה בזה כלפיו 'הכרת הטוב' עצומה.

יה"ר שהקונטרס והחיזוקים יהיו לעילוי נשמתו ושנזכה לראות בקרוב בקיום היעוד 'הקיצו וירננו שוכני עפר'.

המשפחה

The *olam HaTorah* knows of the great work of our father, Rav Yoseph Herman, *zt"l*, who toiled for over forty years to make observance of *hilchos yoshon* a reality. In his research, his writing, and his constant availability to answer questions in real time, our father was the public face of the Guide to Chodosh. What the public never saw, however, was the *briach hatichon*, the central supporting beam, that created the framework that enabled all of his great efforts.

That was our mother, Maras Kreisel Kreindel Atara bas Rav Shraga Tzvi, aleha hashalom. She crafted a home of light and beauty and joy, a home infused with fervent ahavas haTorah. Her relationship with Hashem was palpable and personal; even as she trembled before Him, she never hesitated to demand from Him every manner of bracha for her beloved family and for Klal Yisroel.

Her respect for our father emanated from the deepest levels of her *neshama*. She took care of every mundane task so that nothing would impede his holy work, and her moral support gave him the strength and confidence to face the world each day and conquer the mountains he set out to climb.

May the mitzvos generated by this Guide serve as an everlasting *zchus* and *aliyah* for her *neshama* in Gan Eden, where she stands alongside our father for all eternity.

The Herman Family

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#### **PREFACE**

#### CHANGES TO PROJECT CHODOSH

As Project Chodosh moves on, under the leadership of Moshe Herman, R' Yoseph Herman's son, the changes made last year will be continued.

The guide is continuing and building on the work and research of Rabbi Herman Z"L. His signature is visible on every page as his work continues to guide us.

#### **TEXTING SERVICE**

The guide is now answering questions via text message. Questions can be texted to 914-522-0096. We hope to answer all questions by text each evening, Sunday-Wednesday, and BE"H Thursday as well, as much as possible. DO NOT call this number with questions.

#### **CHODOSH HOT LINE**

# <u>If you have questions DO NOT CALL the home telephones of M. Herman or C. Rosskamm. Instead</u> DO CALL THE CHODOSH HOT LINE at 718-305-5133, 24 hours per day.

The Chodosh hotline will be operational with questions being answered once a week, on Sunday or Monday from Rosh Chodesh Elul until Pesach. This may change based on need.

#### THE GUIDE'S FORMAT

The Guide now consists of three principle sections: Section 4.1-Alphabetical listing of packaged foods, Section 4.2 -Alphabetical listing of establishments and services, and Section 4.3 - Subject index. Sections 1-3 have been left out of the preliminary guide and will be printed in the main guide.

Section 4.1 lists items by company name, including all items made by that company for which we have Chodosh-related information. For example, under Kemach are listed all products such as ice cream cones, noodles, cereals, flour, pie crusts, etc. If any company or food items is not listed, it means that we have no information about that company or item. If that item is supposed to be under hashgocho for Yoshon and it does not have a Yoshon label, it means that the mashgiach had not supplied relevant information to the Guide in time to be printed in the Guide. In such cases, we suggest that you contact the mashgiach directly for updates.

Section 4.2 is a similar alphabetical listing of all establishments and services, organized by city. For example, under New York City are listed all bakeries, pizza shops, catering services, restaurants, etc., anywhere in the New York City area, all in alphabetical order by the name of the establishment.

Section 4.3 is a subject index. For example, if one is interested in knowing which cereals may be Yoshon, he would check under "Cereals". That provides all companies listed in the Guide, the  $\kappa$  ,  $\kappa$  categories that are available, and the page number of Section 4.1 where they may be found. For the details you would have to turn to that page. Note that the subject index of Section 4.3 only references the list of packages foods in Section 4.1.

#### An Appeal for Donations

The Guide to Chodosh is a non-profit project (tax-deductible, Tax ID 45-447-5432), dedicated to the gathering and dissemination of Chodosh-Yoshon information of practical value to the consumer. Our expenses include printing, telephone and fax related charges, and the salaries of part-time helpers who

make the Guide possible. Most, but not all of these costs are covered by the paid subscriptions. However, donations would be appreciated to cover the balance of our budget. Tax deductible payments may be made by check to "Project Chodosh" and be mailed to Project Chodosh, c/o Rosskamm, 963 Armstrong Ave. Staten Island, NY 10308. Alternatively, call our Guide order phone number, 646-278-1189. Record your name and credit card number as requested. Be sure to specify that your call is to make a donation and the amount of the donation.

#### A Note Regarding Hashgochos for Yoshon

We have made several attempts to notify all mashgichim and hashgocho organizations who have in the past been involved in supervising Yoshon. We emphasized to them that all of their hashgocho information must have been received by us by Aug 10 '21 to be included in the Preliminary Guide and by Nov 1 '21 to be included in the final Guide. We apologize, but due to the time constraints on our staff, we need to enforce these dates. If the foods of interest to you that have been under hashgocho for Yoshon in the past are not included in our Guides, we suggest that you contact the responsible mashgichim directly for updates.

#### WHY THIS PUBLICATION?

This Preliminary Guide announces the start of the Chodosh season and, hopefully, provides enough starting information to help the Yoshon consumer get started. We hope to publish the full Guide, after the mashgichim and other sources have provided sufficient information, approximately in November. Thus, this is only intended as a stop-gap until the full issue is ready. As such, this publication covers only those products and establishments for which we already have sufficient information. It is also missing the usual full introductory sections which will be included later with the full Guide to Chodosh.

#### HOW TO CONTACT THE GUIDE TO CHODOSH

To contact the Guide with questions and comments there are two principle options:

- (1) Call the Hot Line at 718-305-5133.
- (2) Send email to yherman20@gmail.com
- (3) Send a text to 914-522-0096 )DO NOT CALL THIS NUMBER!

#### WHEN DID CHODOSH START?

We expect the Chodosh grain started to appear in products as follows:

- 1) <u>Freshly baked items using spring wheat</u>, including breads, challahs, bagels, rolls, pizza and some cakes and cookies may be Chodosh in the Midwest after the packaging date of July 30. Elsewhere in the US, this date would be August 10.
- 2) Packaged foods from spring wheat may be Chodosh after the PACKING date of July 30.
- 3) Noodles and pasta may be Chodosh after the PACKING date of Aug 13.
- 4) **Barley**, such as pearled barley, may be Chodosh after the PACKING date of August 3.

- 5) <u>Oats</u>: Oats in all products, including cereals, may be Chodosh starting with a PACKING date of July 23. An exception is the oats in <u>General Mills</u> and <u>Post</u> cereals that may be Chodosh starting with a packing date of Sept 15.
- 6) <u>Barley malt</u> (also listed in the ingredients as "malt") may be Chodosh as of the <u>packing</u> date of <u>Dec</u> <u>15</u>. Package codes should be checked after the <u>purchase</u> date of <u>Dec 15</u> for <u>beer</u> made from barley malt and <u>Mar 15</u> for malt in other products.

#### Dating Codes Explained:

There are 2 main types of date codes used in the guide.

- Open codes consist of a month day and year. This can be in letters or numbers, with or without abbreviations. Examples include September 25, 2021, Sept. 25, 2021, Sept 25, 21. Open codes can also use numerals such as 09/25/2021 or 09252021, 092521
- Julian codes are a series of numbers that represent the day of the year. January 1 is 001, the
  next day is 002 and so forth until December 31, which is 365. The year is represented by the
  numbers 0-9 which is the last digit of the year. 2021 would be 1, 2022 would be 2. The year can
  be before or after the day.

#### **GENERAL GUIDELINES**

- All items made in Israel under a reliable kashrus hashgocho are Yoshon. Also included are items under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim, even if made outside of Israel
- All packaged goods with Yoshon printed on the label and a reliable Kashrus hashgocho are Yoshon.

Sections 1-3 as well as the introductory sections about the Mitzvah of Chodosh have been omitted from this preliminary guide and will be included in the main guide.

# Section 4.1. AN ALPHABETICAL LISTING OF ALL PRODUCTS

- **x 24/6 Foods**, including the **Kosher Select** and **Pomodori** Brands, Brooklyn, Pizza Dough/Crusts/pockets/bites, Frozen Foods, Breads, Bagels, Rolls and Buns are Yoshon under the Hashgocho of the OK Kosher.
- x A & B Famous: All products are Yoshon under the Hashgocho of Rabbi Osher Eckstein.
- **7 All Trumps Flour** has a code of July 30, 2022. (1 year after packing).
- **7 Alpen Cereal** has a Chodosh code of July 23, 2022. (1 year after packing).
- **7 American Beauty Pasta** Chodosh code for egg noodles is Aug 13 23 (2 years after packing). All other pasta: Aug 13 24 (3 years).
- **7 Anderson's Pretzels**: Chodosh code: 30JUL22 (12 months after packing).
- **x** Angel's Bakery, Yerushalayim, Israel. Frozen dough products are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerusalayim.
- **7 Anthony noodles**. Chodosh code egg noodles 081323 (08=month, 13=day, 23=year of expiration, 2 years after packing). All other noodles 081324 (3 years after packing).
- **7 Apollo Filo dough by Athens Foods** code July 30, 2022 (1 year after packing). Please note that this information does NOT apply to the organic doughs for which code information is not available.
- **7 Arrowhead Mills Organic Pastry Flour:** Chodosh code of Jul 30, 2022 (1 year after packing).
- **7 Arrowhead Mills White Flour** has a code of Jul 30, 2022, (12 months after packing).
- **7 Arrowhead Mills Whole Wheat Flour** has a code of Jul 30, 2022 (1 year after packing).
- **7 Arrowhead Mills Cereals**: All cold cereals including Multigrain, Puffed Kamut, Oat Bran Flakes. Instant Oatmeal has a code of July 23, 2023, (2 years after packing. Organic Oat Flour has a code of July 23, 2022 (1 year after packing). Steel Cut Oats have a code of Jan 14, 2023 (540 days after packing).
- **7 Arrowhead Mills Kamut Flakes** have a code of Jul 30, 2022, (1 year after packing). Organic Bulgar has a code of Jan 21, 2023 (540 days after packing).
- **7 Arrowhead Mills Vital Wheat Gluten** in 10 oz packages have a Chodosh Code of Jul 30, 2023 (2 years after packing). Vital Wheat Gluten in 25-pound bags have a code of July 24, 2023 (724 days after packing).
- **Attune Foods Cereals**: Uncle Sam Cereals can no longer be recommended due to differences in the manufacturing process.

 $\varkappa$ =Yoshon with hashgocho, no checking of codes;  $\beth$ =Yoshon with hashgocho must check details;  $\beth$ =No hashgocho, check codes;  $\beth$ =Chodosh;  $\beth$ =sofek, uncertain  $\beth$ =Information

- I Audolized yeast no known Chodosh problems
- **7 Aunt Gussie's Cookies** that contain wheat have a Chodosh code Jul 30 21. This is the date it was packaged. Those that contain oats may be Chodosh starting with the package code of Jul 23 21. For Cracker Flats the codes are the same. Spelt in the cookies does not have any Chodosh problems.
- **7 Aunt Jemima Self-Rising Flour** has a code of Apr 30, 2022 (9 months after packing).
- **7 Aunt Jemima Pancakes and Waffles** (please note that some of these mixes may not be Kosher, or may be dairy, not Cholov Yisroel). Frozen pancakes have a code of April 30, 2022 (9 months after packing). Frozen Waffles have a code of Jul 30, 2022 (12 months after packing). Pancake and waffle mixes have a code of Jul 30, 2022 (12 months after packing). Cake Mixes containing wheat have a code of Jul 30, 2022 (1 year).
- **B'Gan** products could not be listed at this time. Please check for a Yoshon label. Full listing should be in the main guide. ■
- **Bagel Distribution** bulk frozen bagels with a Yoshon stamp on the label are Yoshon under the hashgocho of the Star-K of Baltimore.
- **8 Baguettes and More** All products are Yoshon under the hashgocho of Tartikov Kosher
- 7 Baker's Joy Baking Spray uses winter wheat.
- **I Baker's Yeast**, whether for home or bakery use are not known to have any Chodosh problems.
- **7 Baker's Harvest Graham Crackers and saltines**, Chodosh code: Jan 30, 2022. (6 months after packing).
- **I Baking Flour** Note: Almost all baking flour contains a small amount of barley malt, as noted in the list of ingredients on the package. According to the poskim we have consulted barley malt in baking flour (but not in other applications) is botul and the mixture may be used even if the malt would be Chodosh. However, since some poskim may disagree with this psak, we will provide dating codes for those who want to avoid malt in flour that may be Chodosh. Note that malt is not a problem until a packing date of Dec 15. (See below, Barley Malt)
- **7 Barbara Cereals**: High Fiber Original and High Fiber Ultimate Flax and Granola, Morning Oat Crunch all varieties, and Multigrain Puffins: for oats, July 23, 2022 (1 year) and for wheat, Jul 30, 2022. Puffins Original: May 30 22 (10 months).
- **7 Barilla Pastas**: The codes for different pastas are as follows: Protein Plus Pasta which contains oats and barley: code July 23, 2022 (1 year after packing). Whole Grain Pasta code Feb 13, 2023 (18 months after packing.). Oven ready lasagna Code: April 13, 2023 (20 months) Straight Semolina Pasta, Penne Pasta and Orzo code April 13, 2024 (32 months).
- **I Barley Malt** and **Malt** are used interchangeably among the list of ingredients of packaged foods. Unless specified otherwise, whenever a list of ingredients mentions "malt" it is malt produced from barley. Based on many years of experience, we will use Dec 15 as the Chodosh packing date for malt, unless indicated otherwise. Where the package code is not known, we estimate that for all products using malt if they are purchased before March 15, the malt will probably still be Yoshon. An exception is beer, which has a date of Nov 15. See below.

The following applications of malt pose a problem of Chodosh. Malt is used for several purposes. Check with your Rav or posek on whether foods using malt for flavoring or coloring may or may not be used if they are made from Chodosh barley. Such malt may be Chodosh if purchased after March 15. Applications of malt for flavoring or coloring include cereals flavored with malt such as Corn Flakes and Rice Crispies. Beer is also included in the category of items which are Chodosh because of malt.

We have received psak halochos many years ago from Harav Hagoan Yaakov Kaminetzky ZT"L and others that baking flour that lists barley malt in the ingredients does not pose a Chodosh problem, because in this application only, the malt is botul. (We have included dating codes for some baking flour for those who do not want to rely on this psak that this malt may be used. Email yherman40@gmail.com for details of this psak.)

To summarize: malt produced after Dec 15 may be Chodosh, except for beer which has a date of Nov 15 Some poskim allow such malt to be used in baking flour. Many poskim do not allow such Chodosh malt when used for flavoring and coloring, such as in cereals, cookies and pretzels. Consult your own posek for guidance. This Guide will note when such malt may become Chodosh and provide dating codes if applicable and available.

- **\* Barth's Kimmel cookies** are from Israel and are Yoshon. Under the hashgocho of Chug Chasam Sofer.
- **x** Bartenura Gnocchi is Yoshon under the Hashgocho of Rabbi Weissmandl.
- **7 Bay State Bouncer Flour** has a Chodosh code of AA073021 (Production date).
- **7 Bear Naked Granola** has a code of July 23, 2022 (12 months after packing).
- **7 Beechnut Baby Food** boxes and jars are marked with a date and a code. Look only at the top code, at the first 4 digits. For oats the Chodosh Code is 1723 (1-year, 7-July, 23-day), for wheat the code for July 30 is 1730. NOTE: Many Beechnut products are no longer kosher. Please check.
- 7 **Beer** made from barley malt, if the dating code is known, it may be Chodosh if packed on Nov.15 or later. If the code is not given in the Guide you should try to call the company to find out what is the dating code for Nov. 15. If the dating code is not known, then beer purchased after Dec 15 should be assumed to be Chodosh. (As stated above we recommend that for items containing malt it can be assumed that the malt in packages on the store shelves is Yoshon up to a purchase date of March. 15. However, since some beers have a manufacturer's recommended shelf life of only 4 months, we have revised the purchase cutoff date for beers to Dec. 15, unless dating codes are known and it can be determined that the beer was packed before Nov 15.) Note that the above applies only to Beer made from Barley Malt and NOT TO BEER MADE FROM WHEAT!
- **Beigel's Cookies**, Yoshon only with Yoshon label under the hashgocho of the O-K LABS and the CRC. Cookies sold individually from big boxes in stores are yoshon as well.
- **Bella's Baked Goods** are Yoshon with OK Hashgocho and Yoshon on the label.
- **7 Ben and Jerry's Ice Cream**: Cookies and Cream, Vanilla Crunch, Chocolate Crunch and any other flavor with wheat, have a Chodosh code of Jan3023 (18 months after packing).
- **BenZ's Parve Kishke** is Yoshon under the Hashgocho of the Star K with a Yoshon label only.
- **8 Benz's Pearled Barley** is Yoshon under the Hashgocho of the Star K.

- **x** Bessy's Famous biscotti Yoshon under the hashgocho of the O-K Labs with a Yoshon label.
- **7 Betty Crocker Cake Mixes** Chodosh code is Aug 6 22 (372 days after packing.)
- **7 Birch Benders Pancake Mixes** have a code of Jan 30, 2023 (18 months after packing).
- **x** Blinzi products are Yoshon under the hashgocho of the CRC-Hisachdus.
- **Blok Chocolatier** Yoshon under the hashgocho of the OK with a Yoshon label only.
- **Blooms Cookies** The following products are Yoshon under the Hashgocho of Rabbi Baruch Teitelbaum: Bloomeos Chocolate Cremes, Bloomeos Chocolate Fudge Cremes, Bloomeos Vanilla Cremes, ABC Cookie Squares, Alef-Beis Cookie Squares, Animal Crackers, Whole Grain Animal Crackers, Mini Choc Chip Cookies, Huggy Bears-All, and Pop mms.
- **7 Blooms Rice Cakes** which do not list any Chodosh grains as ingredients and are Yoshon. Rice. Spelt and buckwheat are not Chodosh.
- **x** BluPantry Pasta and Smackers sold in Bingo are Yoshon under the Hashgocho of the Badatz Eida HaChareidus.
- **7 Bob's Red Mills Cereals**. All cereals containing oats have a code of 23 7 2023 (23-day, 7-months, 2023, 2 years after packing). If they contain wheat but no oats, the code is 30 7 2023 (30-day, 7-month, 2023-year, 2 years after packing.) Flaxseed has a code of 30 7 2022 (30-day, 7-month, 2022-year, 1 year after packing). The oat flour has a code of 23 1 2023 (23-day, 1-month 2023-year, 18 months after packing).
- **Bob's Red Mill** Many products are certified as Yoshon under the Hashgocho of the OK-Labs. For specific product information, please email <u>info@ok.org</u> with the exact product name and code information.
- **7 Bravo Pasta** Chodosh code for egg noodles is Aug 13 23 (2 years after packing). For other pasta Aug 13 24. (3 years after packing).
- **Brewer's Yeast** It is questionable whether this poses a Chodosh problem or not. Brewer's yeast is listed as an ingredient in some foods such as some potato chips.
- **x** Btam Bread Crumbs in large, 25 pound bags are available and Yoshon. They have the hashgocho of the Badatz Eida HaChareidus of Yerushalayim. Call 908-862-8200.
- **7 Budweiser Beer**, code "Born on March 5 22" (110 days after packing)
- **7 C & F Barley** Chodosh code Aug 3, 2022 (1 year after packing.)
- **7 Carb for Life** gluten-free low-carb products are Yoshon if there are no Chodosh-related items in the list of ingredients.
- **x** Carmel Matzo Co. Crackers from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **7 Cascadian Farms Cereals**. Chodosh Codes: Cinnamon Raisin Granola: March 23 22 (8 Months after packing), Raisin Bran, Purely O's: Apr 23 22, (9 months after packing). Hearty Morning, Oats and Honey

Granola, Honey oat crunch and Honey Nut O's, Multi Grain Squares: May 23, 2022 (10 months after packing).

- 7 Catella Whole Wheat Macaroni has a Chodosh code of AUG1324 (3 years after packing)
- **7 Celestial Seasoning Teas** containing oats have a Chodosh code Jul 23 23 (2 years after packing). Those with wheat, but no oats, have the code of July 30 2023. With barley (not malt) Aug 3 2023. Teas with barley malt have a Chodosh code Dec 15, 2023.
- **7 Ceresota White Flour** for home baking has a Chodosh date of Jan 30, 23 (18 months after packing.)
- **7 Ceresota Whole Wheat Flour** Chodosh code Jul 30, 22 (1 year after packing.)
- **Challah By Robin Tobias** is Yoshon with OK hashgocho and Yoshon on the label.
- **7 Chef's Quality Panko Bread Crumbs** are marked with a packaging date and have a Chodosh code of July 30, 2021.
- **& Chef Tzali**: All products are Yoshon under the Hashogho of Rabbi Osher Eckstein.
- **X** Chewzy products are Yoshon under the hashgocho of the CRC-Hisachdus.
- **7 Cliff Bars** have a Chodosh code of June 30, 2022 (11 months after packing).
- **7 Columbia Pasta** from Zerega & Co., Columbia egg noodles, whole wheat noodles and whole grain noodles have a Chodosh code of Aug 13, 22 (1 year after packing). The macaroni, spaghetti and other pasta have a code of Aug 13 23 (2 years after packing.)
- **7 Coors Beer**, Code -3 15 22 (3-March, 15-date, 22-year. This date is 4 months after packing).
- **x** Corona Beer is Yoshon under the hashgocho of the OK.
- **2 Courtelyou Snacks Corp**, yoshon with OK Hashgocho and Yoshon on the label.
- **7 Cream of Wheat Farina** made by BG Foods. The Chodosh code is July 30, 2023 (2 years after packing.)
- **7 Creamette Pasta** Chodosh code for egg noodles is Aug 13 23 (2 years after packing). For other pasta Aug 13 24 (3 years after packing).
- **7 Crisco Baking Spray** no longer uses wheat.
- **7 C-Town Pasta**, Chodosh code Aug 13 2023 (2 years after packing).
- **7 De Boles Organic Whole Wheat Pasta** by Shreveport Macaroni Co. Chodosh code Feb 13 2023 (18 months after packing).
- **7 De Cecco Pasta**: Chodosh Code for whole wheat pasta is Aug 2022 (1 year after packing). Egg Pasta, tricolor pasta and pasta with spinach is Aug 2023 (2 years after packing). Semolina and organic pasta has a code of Aug 2024 (3 years after packing).
- **Dependable** Products could not be listed at this time. Please check for a Yoshon label. Full listing should be in the main guide.

- **I Dough Conditioners** are used by many bakers to improve the quality of their breads, rolls and challahs. These bakers are trying to produce Yoshon, using Yoshon flour. However, some have not realized that dough conditioners are usually Chodosh.
- **7 Dr. Prager's Sensible Foods Products** containing oats have a code of July 23, 2023. If they contain wheat but no oats, the code is July 30, 2023 (2 years after packing). Please note that Dr. Prager's has recently reformulated. Please check ingredients carefully as they have changed for some products.
- **7 Duncan Hines** (some are dairy, not cholov Yisroel): All mixes for brownies and muffins, have a code of Jan 30, 2023. (18 months after packing.) All other mixes have a code is Jul 30, 22 (12 months after packing.) Candies in the mix do not affect the code.
- **7 Duso Co.** (formerly Mountain Commodities) Sid Leiser, 800-582-4770. Duso carries Yoshon and non-Yoshon items. This company sells General Mills and Cargill flour. General Mills flour from Buffalo (mill code BF) Chodosh code Sept 24 1 BF. For the Cargill and other flours the Chodosh code is either 1211, or Jul 30 21, which is the date the flour was milled.
- **7 Eden Foods Whole Wheat Flour** has a Chodosh code of G-30-1 (G-July in alph. order, 30-date, 1-year).
- **7 Eden Foods, Edensoy** Carob, Edensoy Vanilla, Edensoy Extra Vanilla, Edensoy Original, and Edensoy Extra Original contain barley extract, made from malted barley. Chodosh code Dec 15, 2022 (1 year after packing).
- **7 Eggo Waffles and Pancakes**: products containing oats have a code of Oct 21, 2022 (455 days after packing). Those containing wheat but no oats have a code of Oct 28, 2022. Single serve packets of Thick & Fluffy\_French Toasts and the Pancake Bites have a code of July 30, 2022 (1 year after packing).
- **Elite wafers and other products** if under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim are Yoshon.
- 7 EnviroKidz Cereals: See Nature's Path
- **7 Erewhon Cereals** have a code that is 12 months after packing. For Oats that would be a code of July 23, 2022.
- **7** E-Z Gourmet gluten-free, low carb products are Yoshon if there are no Chodosh-related items in the list of ingredients.
- **Ezekiel bread** from sprouted grain is probably Chodosh. In the making of this product, several grains, including wheat, oats and barley are sprouted (grow partly in water). The sprouted grains are pressed together to form the dough which is baked into the bread. The wheat, oats and barley may be Chodosh at this time.
- **7 Farina Mills**, Creamy Hot Wheat Cereal, Chodosh code July 30, 2023 (2 years after packing.)
- **7 Fiber Gourmet Crackers** Chodosh code: July 30 22. (1 year after packing)
- **7 Fiber Gourmet Pasta** has a Chodosh code of Aug 13, 23, (2 years after packing).
- **7 Fiber1 Chewy Snack Bars** have a date that is 248 days after packing with a chodosh code of March 28, 2022.

- **x** Fifteenth Ave Food Corp is Yoshon under the hashgocho of the OK. This includes all products in their bakeries and all packaged goods with a Yoshon label. This includes Korn's, Stern's, Bella's, Brooklyn Kosher Bakery, and Nitzy's.
- **7 Food Should Taste Good Company** products no longer contain chodosh related ingredients.
- **I Food starch** is usually made from corn and is not Chodosh according to the O-U.
- **x** Freeda Vitamins do not contain any of the 5 grains and do not pose any Chodosh problems (they do contain Kitniyos) under Hashgocho of the Beis Din of New Square
- **7 French's French Fried Onions**, original only, Chodosh code July 30, 23 (24 months after packing.) French's Crispy Jalapenos: Chodosh code July 30, 2022 (1 year after packing).
- \* Fresh and Frozen Gefilta Fish is Yoshon under the Hashgocho of Rabbi Osher Eckstein
- **7 Fresko Airline Meals** are not generally produced Yoshon. Any Yoshon runs will have a Yoshon label, under the Hashgocho of the Star-K.
- **x** Gattegno Brothers Cookies are Yoshon under the hashgocho of Rav Landau of Bne Brak.
- **Gedilla Products**: Cookies and Circle N Square Crackers made in Israel under Badatz Eida HaChareidus hashgocho are always Yoshon. Snack Crackers and Fruit bars not produced in Israel: Yoshon status cannot be verified.
- **x** Gefen Barley is Yoshon under the hashgocho of Rabbi Friedman. (Rabbi Friedman only supervises the Yoshon aspects of the barley. His name does not appear on the package.)
- **x** Gefen Bread Crumbs are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim. This also includes whole wheat bread crumbs and whole wheat matzo meal. Gefen corn flake crumbs without malt in the ingredients are Yoshon.
- **x** Gefen Cake and Cookie Mixes are produced in Israel with any reliable Hashgacho and are Yoshon.
- **7 Gefen Chicken and Bar-b-q Seasoning** contains semolina which is from spring wheat. This has a code of 07##304. (07-Jul ## not important 30-date 4-year of expiration).
- **□ Gefen Cereal** and other cereals from <u>Israel</u> are Yoshon under any reliable kashrus hashgocho. Gefen Granola Cereal Clusters have a Chodosh code of July 23, 2022. Gefen Granola Bars have the same code as well (12 months after packing)
- **x** Gefen Cups of Soups are Yoshon under the hashgocho of the OU.
- **7 Gefen Egg Roll Wraps and Won Ton Wraps** as well as frozen noodles have a Chodosh code 3021GX (30-day, 21-year, G-month in alph order, other characters not important). Spring roll wrappers are Yoshon.
- **x** Gefen Products Made in Israel including Matzo and Gal Gal Crackers under any reliable Israeli kashrus hashgocho are Yoshon. Gefen matzos with American O-U hashgocho are Yoshon as well.
- **Gefen Pasta and Noodle Products** made in Israel are Yoshon. Raiman Noodles are Yoshon as well. Gefen Pasta with Yoshon label and OU Hashgocho are Yoshon under the OU. Pasta with the Volover Hashgocho and a Yoshon label are Yoshon as well.

- **X** Gefen Puffed Pastry is made in Israel and is Yoshon.
- **7 General Mills Cereals**. According to the O-U, all wheat used in General Mills cereals is always Yoshon. Wheat starch is not a problem of Chodosh. Barley (but not barley malt) may be Chodosh stating with a packing date of August 3. Oats in general mills cereals may be Chodosh starting with a packing date of September 15. This date has been verified by the O-U. Cereals containing barley, the Chodosh date for the barley is Aug 10 '22. All General Mills Cereals dates are 372 days after packing). All cereals that contain oats but no wheat germ or barley, like Cheerios, the Chodosh date is Sept 22, 22. Original Chex mix has a code of Aug 8, 2022 (375 days after packing). If the only questionable ingredient is malt, then the Chodosh code is Dec 22, 2022. (Note: These products are not formally under the hashgocho of the O-U for Yoshon.).
- **General Mills/Nestle Cereals sold in Israel**. Cereals under the hashgocho of the Manchester Beis Din are Yoshon, Cereals manufactured in America have the same Chodosh code as given above for General Mills cereals. However, this is only true if the box states General Mills, Minneapolis, MN and also has an O-U kashrus symbol.
- **7 Gerber Baby Food** for cereals in plastic containers the date on the package is 456 days after packing. Use Chodosh Code of Oct 22, 2022 for oats and Oct 29, 2022 for wheat and Nov 2, 2022 for Barley. Baby food in plastic cups as well as Banana Cookies, Lil' Biscuits, and soft-baked Grain Bars have a code of 1 year. For wheat: Jul 30 22 and for oats July 23, 22. For Baby Puffs as well as Arrowroot Cookies and Animal Graham Cookies, it is 15 months after packing. Use Chodosh code of Oct 23, 2022 for oats and Oct 30, 22 for wheat. NOTE: Some cereals that used to be certified kosher are no longer kosher. Please check each package for Hashgocho.
- **7 Giant White Flour** Chodosh code Jul 30, 2022 (1 yr after packing.)
- **7 Glick's Baking Spray** with flour has a code of 21211. (21-year, 211-day of year).
- 7 Glick's Graham Cracker Pie Crust: Chodosh code: July 30, 2022 (1 year after packing).
- **7 Gold Medal Whole Wheat Flour** Chodosh code Feb 1 22. (186 days after packing).
- **7 Gold Medal Bread Flour** and Bread Wheat Blend Flour has a Chodosh code of Feb 9, 2023 (18 months after packing.)
- **7 Gold Medal All Purpose Flour** has a Chodosh code of Feb 9, 2023 (18 months after packing)
- **7 Gold Confections Granola Bars** have a Chodosh code of #2G1. (#-not important, G-August, 2 and 1-year).
- **x** Golden Fluff Products, including onion rings, potato flutes, animal crackers, Nom Nomz, whole wheat pretzels, and sour dough pretzels and snack mix are Yoshon under the Hashgocho of Rabbi Mordechai B. Klein of Lakewood.
- **7 Golden Bowl Won Ton Wraps**: Chodosh code of 302107 (30-day 21-year 07-month). Golden Bowl Spring Roll Wrappers: Chodosh code July 30, 2022 (1 year after packing).
- **7 Good N' Hearty Cereals** with the Ungar label. The date on the package is one year after packing. Chodosh code for oats, July 23, 2022. For wheat, but no oats in the ingredients the code is July 30, 2022.
- 7 Goodman's Rice with Vermicelli: See Manischewitz Pasta below.

- **7 Goya Barley** has a code of Aug 3, 2024 (3 years after packing).
- **x** Grab 1 Bars, all flavors: Yoshon under the hashgocho of the OU.
- **□ Green's Baked Products** Yoshon under the O-K Labs and the CRC with Yoshon label only.
- **□ Greenfield Noodles**, bowties, farfel. If the package is marked Yoshon then they are Yoshon under the hashgocho of Rabbi Berel Broyde.
- x Gross Chocolate Leaves are Yoshon under the Hashgocho of Rabbi Weissmandl
- **x** Hadar (Hadar with one "d") Baked Products imported by Gefen from Israel are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim or the O-U, as listed on the package.
- 7 **Heckers White Flour** contains 100% winter wheat, as determined by independent sources. Flour is milled in a facility that only has winter wheat. Probable Chodosh date for malt is Dec 15, code best by use date of June 15 23 (18 months after packing.)
- **7 Heckers Whole Wheat Flour** Chodosh code July 30 22 (1 year after packing.)
- **7 Heiniken Beer** has a code of Nov 15, 2022 (1 year after packing).
- **7 Heinz Specialty Vinegars** made from concentrated sources of malt, such as malt vinegar, tarragon vinegar and salad vinegar. Chodosh cutoff for malt is Dec 15. Malt vinegar has a Chodosh code of June 15, 2024 (30 months after packing.) Tarragon and salad vinegars have a Chodosh code of December 15, 2024 (36 months after packing).
- **7 Herr's Honey Wheat Pretzels** and other pretzels. Have a Chodosh code of Oct 22, 2021 (12 weeks after packing).
- **7 Hodgson Mills Pasta**: all noodles and other pastas including whole wheat Chodosh code 02 13 24(02=month, 13 day, 24=year, 30 months after packing).
- **7 Hodgson Mills Flours**, Chodosh code is 01 30 23 (18 months after packing.)
- **7 Hodgson Mills Cereals**. For oats the code is 01 23 23 (18 months after packing.) For wheat the code is 01 30 23.
- **7 Hodgson Mills Whole Wheat Cous Cous** Chodosh date July 30, 22 (1 year after packing.)
- **7 Hodgson Mills Vital Wheat Gluten** Chodosh code 01 30 23 (18 months after packing.)
- \* Home Style Cookies from Israel are Yoshon under the hashgocho of Rav Landau of Bnei Brak.
- **7 Jack Rabbit Barley** Chodosh Date Aug 3 22 (1 year).
- **7 Jason Bread Crumbs** have a Chodosh code of July 30, 2023 (2 years after packing).
- **7 Joray Fruit Rollups** contain wheat flour. and have a Chodosh code of July 30, 2022, one year after packing. Fruit IQ Rollups by Joray have a code of Oct 30, 2022 (15 months after packing).
- **Just Baked NYC** Yoshon with OK hashgocho and Yoshon on the label.
- **7 Kansas Diamond Flour** has a Chodosh code of 1211 (1-year, 211-day of year).

- **7 Kashi Cereals**. For most cereals and granola bars that use oats the code of July 23, 22 (1 year after packing). For cereals and granola bars containing wheat but no oats, the code is July 30 22 (1 year after packing). The following are exceptions: Soft Baked cereal bars: April 23 22 (9 months after packing), Grain free bars contain wheat and have a code of April 26, 2022 (270 days after packing).
- **7 Kashi Waffles**, Original and Blueberry 7 Grain Waffles as well as gluten free waffles containing oats and have a code of July 23, 2022 (365 days after packing). Protein waffles contain wheat and have a code of April 26, 2022 (270 days after packing).
- **x** Kedem Baked Products such as tea biscuits, whole-wheat crackers and animal cookies imported from Israel are all Yoshon under the hashgocho of the Badatz Arugas Habosem.
- **x Kedem Cereal Bars** imported from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **7 Kedem Soup Mixes** Chodosh code 1211# (1-year, 211-day of the year, #=not important).
- **7 Keebler's Pie Crusts** have a Chodosh code of July 30 22 (1 year after packing).
- **7 Kelloggs Corn Flake Crumbs**, The only problem is the malt which has a code of Dec 15 2023 (2 years after packing.)
- **7 Kelloggs Cereals** come in a great variety. We are relying on you to check the ingredients to see if they contain oats, wheat, barley, or barley malt. Then for the appropriate Chodosh code choose the earliest of the following: oats July 23, 2022, wheat July 30 22, barley (not malt) Aug 3 22, malt Dec 15 22. The code on the package is a date 1 year after packing for cereals. Malt in cereals may be a problem after December 15.
- **7 Kelloggs Special K Pastry Crisps** have a code of May 31, 2022 (305 days after packing).
- **x** Kemach Cones are Yoshon. Under hashgocho of Rav Nussen N. Horowitz.
- **x** Kemach Matzos, Matzo Meal, and Matzo Ball Mix are Yoshon, as stated on the packaging under the Hashgocho of Rabbi Nussen N. Horowitz.
- **Kemach Pasta** Heimishe egg noodles are Yoshon through December 31, 2021. After that date, Yoshon with Yoshon stamp on package. Pasta is Yoshon at least through a code of June 10, 2023 (2 years after packing).
- **Kemach Chow Mein Noodles** are Yoshon through December 2021. After that date, look for a Yoshon label on the bag.
- **x** Kemach All-Purpose Flour, the wheat and malt are Yoshon, Under the hashgocho of Rabbi Nussen N. Horowitz.
- **x** Kemach Whole Wheat Flour, is Yoshon, including the malt in this flour Under the hashgocho of Rabbi Nussen N. Horowitz.
- **x** Kemach High Gluten Flour, the wheat and malt is Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.
- **x** Kemach Matzo Meal in 25 pound bags is Yoshon. Crispy Bake chicken coating is Yoshon, as stated on the label. Under the hashgocho of Rabbi Nussen N. Horowitz

- **Kemach Cereals**: Toasted Oats, Honey Nut Toasted Oats, Fruit Whirls, Honey Crunch, Corn Crisp, Bunch 'o Krunch, Sugar Puffed Wheat and Multigrain Toasted Oats are Yoshon through a Best by Date of July 23, 2022. Bran Flakes, Corn Flakes, Crisp Rice and Frosted Flakes are Yoshon through a Best by date of December 31, 2022 for the malt. Kemach Nougat Nuggets. Whole wheat flakes, Cocoa Munchees, and Crunchy Cinnamon Bites do not contain malt and are always Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.
- **Kemach Pie Crusts**: Graham Pie Crust is Yoshon at least through a code of 04/28/22 (365 days after packing.) Chocolate pie crusts are always Yoshon. Under the hashgocho of Rabbi Nussen N. Horowitz.
- **Kemach Soups** in tubes or boxes: onion and split pea soups are always Yoshon. Vegetable soups have a Chodosh code of July 12, 2023 and Minestrone soups have a code of July 12, 2023, Under the hashgocho of Rabbi Nussen N. Horowitz
- x Kemach Cookies and Crackers: The following products are always Yoshon: Kemach Snackers, Honey Grahams and Cinnamon Grahams and Chocolate grahams are always Yoshon. All cookies without oats are Yoshon, even whole wheat and graham. Chip-a-Riffic, Chunky Chip-a-Riffic Chocolate chip cookies, sugar cookies, softbite cookies and sandwhich cookies are Yoshon as printed on the bag. Kemach Kem & Whole Wheat Crackers are made from winter wheat and are Yoshon as printed on the boxes. Under the hashgocho for Yoshon of Rabbi Nussen N. Horowitz.
- Kemach cookies and crackers: The following products are not always Yoshon. Codes need to be checked. Oatmeal cookies and Iced oatmeal cookies are Yoshon through a code of at least Aug 9, 2022. Bread sticks are Yoshon through at least a code of 22 JUN 22. Flat Breads are Yoshon at least through a code of 22 JUL 22. Everything Flatbread Crisps have a Chodosh code of 6/02/22. Sea Salt Pita Chips and multigrain pita chips have a Chodosh code of at 03/12/22. Under the hashgocho for Yoshon of Rabbi Nussen N. Horowitz.
- **7 Kikkoman Soy Sauce** has a code of 015BA (015-January 15<sup>th</sup>, BA, code for 2021).
- **7 Kind Healthy Grains Granola Bars**. Bars containing oats have a Chodosh code 30 Apr 22. (9 months after packing).
- **Kineret Bread Crumbs** when produced in Israel are Yoshon.
- **x** Kineret Onion Rings are Yoshon under the Hashgocho of Rabbi Weissmandl.
- **x** Kineret Cookie Dough is Yoshon under the Hashgocho of Rabbi Weissmandl
- **7 King Arthur White Flour** all-purpose home baking flour as well as cake flour, 5lb bags have a chodosh code of July 30, 2022 (1 year after packing). The 50-pound bags are marked with the date of production with a Chodosh code of July 30, 2021.
- **7 King Arthur Whole Wheat Flour** and white whole wheat flour, Chodosh code July 30 22 (1 year after packing.) The 50-pound bags are marked with the date of production with a Chodosh code of July 30, 2021.
- **7 King Arthur Special for Machine Bread Flour.** Chodosh code is July 30, 2022 (1 year after packing).
- **► Kingsway Pita Products** All baked goods are Yoshon with a Yoshon label under the Hashgocho of the OK Labs.

- **7 Kitov and Matamim Products**: French Twists and Melba Snacks have a Chodosh code of April 30, 2022 (9 months after packing). Soft bite Cookies: Nov 30, 21 (4 months after packing). Flatbreads, Honey Wheat Pretzels, Breadsticks and Thin Breadsticks: July 30, 22 (1 year after packing).
- **x KJ Poultry Ready Meals** are Yoshon under the Hashgocho of the OU.
- **x Kleins Ice Cream** products are Yoshon and will have a Yoshon label, under the Hashgocho of the CRC-Hisachdus.
- **Klein's Naturals**: Packaged products with the OK kosher symbol and Yoshon label are certified Yoshon under the OK.
- **7 Kravy Dip Dip Crackers** and other cracker products have a Chodosh code of July 30, 2022 (12 months after packing).
- **7 Kontos** Frozen Pita, Nan, and Pita Crust have a code of July 30, 2022. Pocket Pitas contain oats and have a code of July 23, 2022 (one year after packing).
- **x Kosherific Fish Sticks** are Yoshon under the Hashgocho of Rabbi Weissmandl.
- **x** Kosher Mills Rice Cakes are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **x Kosher Mills Hot and Cold Cereals** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **7 Krasdale All Purpose flour** Chodosh code July 30, 2022 (1 year after packing).
- **7 Krasdale Oats Cereal**. (Cold Cereal) Chodosh code July 23, 2023 (2 year after packing.) Krasdale Oatmeal has a code of July 23, 2023 (2 years after packing). The single serve packets of instant oatmeal have a code of Jan 23, 2023 (18 months after packing).
- **7 Kretschmer Wheat Germ** Chodosh code Jan 21, 2023 (540 days after packing).
- **7 Kroger Frozen Bread Dough** has a Chodosh code of April 26, 2022. (270 days after packing).
- **La Choy Chow Mein Noodles** are not recommended due to ambiguities in the dating code used.
- **x** Laish Croutons are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **Landau Whole Wheat Crackers** as well as any other Landau products with OU Hashgocho and Yoshon label are Yoshon.
- **7 Landau Whole Wheat Pretzels** have a Chodosh code of July 30, 2022 (12 months after packing). Landau's OAT Pretzels have a code of Jan 23, 2022. (6 months after packing.)
- **7 Landau Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon.
- **Landau Pasta** Packages stamped Yoshon are Yoshon under the Hashgocho of the CRC-Hisachdus.
- **x** Lasova Bakery gluten-free baked products from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **Le Chocolate** Chocolate, candies and pretzels with a Yoshon label are Yoshon under the Hashgocho of the OK.

 $\kappa$ =Yoshon with hashgocho, no checking of codes;  $\alpha$ =Yoshon with hashgocho must check details;  $\alpha$ =No hashgocho, check codes;  $\alpha$ =Chodosh;  $\alpha$ =Sofek, uncertain  $\alpha$ =Information

- 7 Leonardo Pasta has a Chodosh code 08 8 22 (08=month, 08=day, 22=year, 360 days after packing).
- x Lieber's Bread Crumbs, plain and flavored, are Yoshon under the hashgocho of Rabbi Weissmandl.
- **x** Lieber's Cones are Yoshon under the hashgocho of Rav M. Weissmandl.
- **Liebers Cookies, Crackers and Snackers** made in the USA: The Following cookies are Yoshon: ABC Cookies, Aleph Beis Cookies, Animal Cookies, Butter Thins, Chocolate Chip Cookies − All varieties, Graham Crackers − All, Chocolate Grahams, Snackers − All, Wheat Snacks − All, Saltines, Chookies − All, Minios − All, Iced Oatmeal Cookies, Duplex crème cookies − All, Cookies from Israel are always Yoshon. Whole wheat crackers from Brazil are Yoshon. The malt in these items may be Chodosh if purchased after Jan. 15. Under the hashgocho for Yoshon of Rabbi Weissmandl.
- **x** Lieber's Pretzels Yoshon Under the hashgocho of Rabbi Weissmandl, even those containing premixed oats and Honey Wheat Pretzels, including the malt.
- **7 Light N'Fluffy Noodles** Chodosh code egg noodles: Aug 13 23 (2 years after packing). For all other pasta it is Aug 13 24, (3 years after packing).
- **7 Lightlife** Smart Ground Original and Smart Ground Mexican Style: Chodosh date of Nov 27, 2021 (120 days after packing).
- **7 Lipton Herbal Teas** may contain wheat in the ingredients. If there is wheat in the ingredients, then the Chodosh code 2G30 (2-year of expiration, G-Jul, 30=date).
- **7 Luxury noodles**. Chodosh code Aug 13 23 for egg noodles (2 years after packing) and Aug 13 24 for all other pasta (3 years after packing.)
- **7 Macabee Frozen Pizza** and frozen pizza bagels: Chodosh code of Jan 30, 2023. (18 months after packing).
- **7 MadeGood** Granola Products: Light & Crispy Granola, Granola Bars, and Minis have a Chodosh code of Sept 23, 2022 (14 months after packing)
- **7 Maltex Cereals** with oats Chodosh code Jan 23 23 (18 months after packing). Cereals with wheat the code is Jan 30, 23.
- **I Maltodextrin** when used as an ingredient in foods produced in the USA does not have any Chodosh problems according to the O-U. However when used in foods produced in Europe, it may be made from wheat which could be Chodosh. It is not clear whether wheat must be listed in the ingredients in that case.
- 7 Malt-O-Meal Cereals: WARNING: Some cereals that used to be Kosher are no longer Kosher. Always check each box for the Kosher symbol. Check the ingredients. Cereals with oats may be Chodosh starting July 23, 2021. The wheat used is Yoshon. This does not include wheat starch, which may be a problem starting July 30, 2021. For barley (not barley malt) the Chodosh packing date would be August 3. For Chodosh codes, add the following months to these dates. Following 9 months: Berry Colossal Crunch, and Colossal Crunch; Following 10 months: Coco Roos, Honey Nut Scooters; Following 12 months: Apple Zings, Tootie Fruities, Honey and Oat Blenders, Honey and Oat Blenders with Almonds, and Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Raisin Bran, Golden Puffs, Frosted Flakes, and Corn Bursts Crispy Rice; Following 15 months: Hot Wheat Malt-O-Meal Cereal: Chocolate, and Maple and Brown Sugar; Following 24 months: Hot Wheat Malt-O-Meal Cereal: Original.

- x Man Cookies and Wafers are Yoshon under the hashgocho of Rav Landau of Bnei Brak.
- **I Matzos** From our investigations it appears that chametz matzos and matzo meal, sold all year around is from winter wheat and is Yoshon. However, Pesach matzos are different. A few hand matzo bakeries have been using flour that may be Chodosh. Therefore, we suggest that you confirm with the mashgichim of Pesach matzos that their bakery only produces Yoshon.
- **Matzos made in Israel**. All reliable hashgochos in Israel also take full responsibility to make sure that the items under their hashgocho are Yoshon.
- **7 Maxi Health** Vitamin and nutrition products: The only products with potential chodosh problems are Naturemax and Fibermax <u>powders</u>. The Fibermax <u>pills</u> have no Chodosh ingredients. All other products no problem. For the above products use the date of 7-25 (this is July 2025) (4 years after packing).
- **7 Maypo Oats** Chodosh code July 23, 2022 (1 year after packing). Cereals with wheat the code is July 30 22.
- **x** Mazor Dough Products Yoshon under hashgocho of Rabbi Moshe Bussu even without a label. In addition, the O-K Labs also certifies the Yoshon status if there is a Yoshon label on the package.
- **7 McCain Spicy Fries** and other items containing wheat, the Chodosh date is July 30, 2022 written on the package as 30/07/22 using the European system of writing the day first. (12 months after packing).
- Meal Mart Frozen Foods all Meal Mart products are Yoshon under the hashgocho of Rav Aharon Teitelbaum, the Nirbator Rav. This only applies to items made in the Meal Mart central kitchen. This includes Gani Kishke. Items made in local stores are not covered by this hashgocho for Yoshon. On those rare occasions when a problem develops the item will carry a Chodosh sticker. The same applies for Amazing Meals and Allie Processing made by Meal Mart.
- **x** Mechel's Puffed Pastry as well as the fine frozen pastry Dough is Yoshon under the hashgocho of the Star-K.
- **7 Merlino's Pasta** Chodosh code 2253 (225=day of the year, 3=year of expiration).
- 7 Miller Brewing Co code=3 15 22 (3-Mar, 15-date, 21-year) this date is 4 months after packing).
- **7 Millville Oatmeal** by Aldi has a Chodosh code of July 23, 2023 (2 years after packing.)
- I Modified Food Starch is usually made from corn and is not Chodosh according to the O-U
- **Mon Cuisine Frozen Products**, see Meal Mart above.
- **7 Morning Star Farms** Italian Sausage Style Crumbles, Chipotle Black Bean Crumbles, Chick'n Strips, Corn Dogs, Mini Corn Dogs, Corn Dogs, and 1/4-pound Meat Lover's Burgers contain wheat and have a code of JULY 30 22 (12 months after packing). Chik Patties Original, Buffalo Chik Patties, Original Chik'n Nuggets, BBQ Nuggets, Buffalo Wings, and Parmesan Garlic Wings contain wheat and have a code of OCT 30 22 (15 months after packing). Tomato Basil Pizza, Grillers Prime, Grillers Original, Breakfast Sausage Patties, Spicy Black Bean Burgers, Mediterranean Veggie Burgers, Bacon Strips, Veggie Dogs, and Sausage Links contain wheat and have a code of JAN 30 23(18 months after packing). Garden Veggie Burgers contain oats and have a code of JAN 23 23 (18 months after packing).
- **7 Mother's Noodles and Pasta** Chodosh code 2253 (225=day of year, 3-year of expiration).

- 7 Mother's Cereals, see Quaker.
- 7 Mother's Wheat Germ has a Chodosh code of Jan 30, 2023. (18 months after packing).
- 7 Mother's Graham Cracker Pie Crust. Chodosh code 2211 (2-year of expiration, 211-day of the year).
- **7 Mrs. Pure's Ginger Snaps** have a chodosh code of July 30 22 (1 year after packing).
- **7 Mueller Co. Noodles**: The Chodosh code for egg noodles is Aug 13 23 (2 years after packing.) For all other pasta, the code is Aug 13 24 (3 years after packing).
- **7 Nasoya Food Co.** egg rolls and won ton wrappers have a Chodosh code Sept. 18, 2021 (50 days after packing).
- 7 Nature's Bakery Fig Bars have a Chodosh code 04/30/22. (9 months after packing).
- **7 Nature Valley Granola Bars**. WARNING: Often the outside box that holds a number of granola bars which may have a different date on it than the individual bars inside. Each individual bar must be checked since the date on the bars, not the date on the outside package, is relevant. The Chodosh code for all "Crunchy" granola bars with oats in the ingredients, Chodosh code is Aug 06, 2022. (372 days after packing.). This may not hold with bars with Spanish print on them that are being produced in South America. Granola Bars made in Spain and sold in Israel are Yoshon under the OU.
- **7 Nature's Path and EnviroKidz Cereals**, made in Canada with mixture of American and Canadian wheat. Chodosh date on the package: Hot Cereals, All Oatmeals and Pumpkin Flax Granola: Jan 23, 23 (18 months after packing); Heritage O's, Multigrain Flakes, Heritage Flakes, July 23, 2022 (12 months after packing) Optimum Blueberry, May 7, 2022 (288 days after packing) Millet Rice Flakes, Smart Bran, May 23, 2022 (10 months after packing); Flax Plus Red Berry Crunch, Flax Plus Maple Pecan Crunch, April 23, 2022 (9 months after packing); Ancient Grains Granola: March 23, 2022 (8 months after packing). Flax Plus Flakes, Flax Plus Raisin Bran, Flax Plus Pumpkin Raisin Crunch Jan 23, 2022 (6 months after packing).
- **7 Near East Food Products**, Wheat Salad Mix and Wheat Pilaf Mix, cous-cous, kabuli-bulgur, brown rice pilaf with orzo as well as other mixes containing wheat: Chodosh code July 30, 22 (1 year after packing). Mixes containing barley have a code of August 3, 2022 (1 year after packing).
- **New England Kosher Fish Products** are Yoshon with a Yoshon label only, under the Hashgocho of the OU.
- **7 New York Pretzels** have a Chodosh code of: July 30, 2022 (365 days after packing).
- **7 New Mill Pasta** Chodosh code for egg noodles is Aug 13 23 (2 years after packing). For all other pasta use Chodosh code of Aug 13 24 (3 years after packing.)
- New York Select-Amnon falafel and other wholesale products Yoshon with Yoshon label and O-U hashgocho.
- **7 Nutri Grain** bars have a code of January 23, 2022. (6 months after packing).
- **7 Oat Dream** liquid from the makers of Rice Dream. The Chodosh code is July 23, 22 (1 year after packing.)

- **7 Oatly Oatmilk**: Chilled drinks sold in the refrigerated section of the store have a Chodosh code of October 31, 2021 (100 days after packing). Shelf stable drinks have a code of July 23, 2022 (1 year after packing).
- **Derlander Bakery**: The following products are Yoshon under the Hashgocho of the Kof-K: Hamantashen, Bowties, Chocolate Babka, Vanilla, Cinnamon, and Chocolate Buns, Chocolate Chip Cookies, Chocolate Dip Cookies, Chocolate Mandelbread, Cinnamon and Chocolate Rugale, Dreidel Cookies, Honey Cookies, Mini Cup Cakes, and Rainbow Cookies.
- **x** Ocean Gourmet Products are Yoshon under the Hashgocho of Rabbi Osher Eckstein.
- **7 Old London Crackers** contain wheat and oats and have a Chodosh code of July 23, 2022 (12 months after packing).
- **7 Old London Melba Toast** contain wheat and oats and have a Chodosh code 07 23 22 or 23 JUL 22. (1 year after packing).
- **7 Oreo Cookies** by Nabisco produced in the USA have a chodosh code of Apr 30, 2022 (9 months after packing)
- **7 Oronoque Frozen Pie Crusts**, have a date that is 540 days after packing, code Jan 21, 2023.
- **N** Osem Crackers from Israel are Yoshon under the hechsher of the Badatz Eida HaChareidus of Yerushalayim.
- **x** Osem Pasta incluing the cous cous from Italy and elsewhere, is under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim, and is always Yoshon.
- **N** Osem Bread Crumbs produced in Israel are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **8 Osem Cous**, under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim is Yoshon.
- **⊃** Osem Soups when made in Israel are Yoshon under the Hasgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **x** Ostreichers Cookies: ALL Ostreicher's cookies including the Osties Cookies by Ostreichers are Yoshon under the Hashgocho of the Beis Din of New Square.
- **7 Ovaltine beverage** contains malt. Chodosh code 3491 (349-day of year, 1-year).
- **7 Pabst Brewing Co.** Chodosh code = 2 135 ((2=year, 135=day of the year), 6 months after packing).
- **7 Pam Baking Spray** Some contain no flour. Check the ingredients. Some do contain flour. If they do, then the Chodosh code is July 30, 2023 (24 months after packing.)
- **7 Panko Bread Crumbs** by Kikkoman have a code of 211BC (211-day of year, BC-year) or Jan 30, 2023 (18 months after packing).
- **x** Papouchado Cookies from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **Paskesz Items** under the hashgocho of Rabbi Westheim/Landau of Manchester are Yoshon even without a Yoshon label, including candies listed below.

 $\varkappa$ =Yoshon with hashgocho, no checking of codes;  $\upbeta$ =Yoshon with hashgocho must check details;  $\upbeta$ =No hashgocho, check codes;  $\upbeta$ =Chodosh;  $\upbeta$ =sofek, uncertain  $\upbeta$ =Information

- **□ Paskesz Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon. Rice cakes under the hashgocho of Rav Westheim/Landau are always Yoshon.
- **Paskesz Candy**: Award candy is made in Israel and is Yoshon. Paskesz Encore, licorice, Sour Ropes and Sour Sticks candy, are Yoshon under the hashgocho of Rav Westheim/Landau of Manchester. Other Paskesz candies may be Chodosh.
- **7 Pasta La Bella**: Code for Egg Noodles is Aug 13, 2023 (2 years after packing). All other pasta has a code of Aug 13, 2024 (3 years).
- **7 Peak Barley**, Chodosh Date August 3 22 (1 year)
- **7 Pennant/Fresh Star Bakeries** French Puff Pastry Dough Chodosh code T1211 (1-year, 211-day of year).
- **7 Pennsylvania Dutch Pasta** code for egg noodles is Aug 13 23 (2 years after packing.) For all other pasta use the Chodosh code of Aug 13 24 (3 years after packing).
- **7 Pepperidge Farm** Frozen dough products have a code of July 30, 2022. (366 days after packing).
- **7 Pillsbury Flour:** regular all-purpose white flour and bread flour for home use, Chodosh code Jan 30 2023 (18 months after packing.) Whole wheat flour has the probable Chodosh date on the package of July 30, 2022 (1 year after packing).
- **7 Popinsanity** popcorn products containing wheat have a Chodosh code of Nov 30, 2021 (4 months after packing)
- **7 Post Cereals** come in a great variety. We are relying on you to check the ingredients to see if they contain oats, wheat, barley, or barley malt. The date on the package is 1 year after packing. Check the ingredients and use the earliest applicable cutoff code: The wheat flour is all Yoshon and does not need to be checked. Shredded Wheat, Wheat n' Bran, and Light Wheat Squares are always Yoshon. Wheat starch may still be a Chodosh problem. Barley (not malt) -August 3, 2022, oats-July 23, 2022, malt=Dec 15 22. The later oat date has been verified by the OU.
- **I Pretzels** We have found that the situation for pretzels is far more complex. There are many different pretzel flours in use. We cannot recommend any pretzels as Yoshon unless specifically certified as such by the mashgiach.
- **7 Prince Pasta**. Chodosh code for egg noodles is Aug 13 23 (2 years after packing). For other pasta Aug 13 24. (3 years after packing).
- **7 Pringle Potato Chips** with wheat products in the ingredients Chodosh code 1211 (1-year, 211-day of the year. The code is preceded by "L" or by "LOT"). Ignore the "Best by use" date. For barley malt use a code of 1350. **Note that pringles recently reformulated and many products are no longer Kosher. Please check before purchasing.**
- **I Professional Bakery Flour** and other bakery ingredients Yoshon flour used by Yoshon bakeries, pizza shops and such for bread, challahs, rolls, coffee cake, pizza, etc. has been available one of three ways:
- 1. Yoshon wheat has been stored in separate silos, along the silos of Chodosh wheat. The Yoshon wheat has been sealed by the O-U and is only opened and ground into flour under the supervision of the O-U mashgiach. This Yoshon wheat would be milled each week and was shipped directly to the

distributors and bakeries without the need to store flour before shipment. Therefore, this Yoshon flour has the same freedom from worms that the freshly ground flour has all year around. (This freshly ground flour has been only available in large 50 and 100-pound bags sold to bakeries. It was not sold to consumers.)

- 2. Flour made from winter wheat, which is always Yoshon and is freshly ground. Since such flour does not have a high enough protein level, the protein is increased by adding winter-wheat derived vital wheat gluten or some stored, Yoshon spring wheat. This year, once more, a version of this type of Yoshon flour is being produced under the hashgocho of the Kof-K.
- 3. The third approach is the one that was most often used in the past years and is still being used. The flour is produced at the end of the summer before the Chodosh wheat enters the mill. It is then stored and used on an ongoing basis until Pesach. If this flour is stored in cold storage, then the problem of worms developing in the flour is virtually zero.
- **7 Publix Pasta** has a Chodosh code of Aug 13, 2023. (2 years after packing)
- **7 Publix Flour** has a Chodosh code of April 26, 2022 (270 days after packing).
- **7 Publix Cereals** containing oats have a code of July 23, 2022. (52 weeks after packing) Those containing wheat, but no oats have a code of July 30, 2022. Those which have only malt have a code of Dec 14, 2022.
- **7 Publix Waffles** have a code of July 30, 2022 (1 year after packing) Multigrain waffles contain oats and have a code of Jul 23, 2022. French Fries has a code of Jan 21, 2023 (540 days after packing).
- **7 Puratos Bagel Improver** is a dough conditioner that is used by several bagel shops. Even though the company may claim that it is made from winter wheat, the Kof-K that provides the hashgocho for this product will not certify that claim. Therefore, as of a packaging date of July 30, this item may be Chodosh. The code 03302### (03=month, 30=day, 2=year, ### not important.) This date is 8 months after packing. Yoshon stored supplies of this item are available from Velenti Co. 718-565-1300 speak to Bob Cory. Please check with your local bagel shops. Many may not be aware of the fact that this or other dough conditioners may be Chodosh!
- **7 Quaker Oats Co. Barley** Chodosh code is Jan 25 2023 (540 days after packing).
- **7 Quaker Cereals** (same for Mothers) come in a great variety. Because of the large amount of data, you need to take a multi-step process to find the Chodosh code.

(NOTES: All of this information also is valid for USA packed cereals sold in Israel. Quaker oats cereals made in England and sold in Israel and Europe are Yoshon under the hashgocho of the London Federation of Synogogues when bearing the KF symbol. [Note: Some people in Israel use the term "Quaker" to refer to all hot oats cereals that need to be cooked. In this Guide, the term Quaker is used to refer only to all products made by the Quaker Company, including cereals eaten with cold milk.] Dates given here do not apply to Quaker cereals sold in Canada. For cereals made in Canada and sold in the USA there is a special mention in the Quaker table. Also, hot and cold oat bran have different dates. Single serving packages of hot cereals have the same codes as the large packages.)

For Quaker cereals packed in the USA, the wheat may be Chodosh with a starting date of July 30th. Whole grain barley (not barley malt) may be Chodosh if packed August 3 or later. The oats may be Chodosh starting with the packing date of July 23. To help you translate these packing dates to the "best if used by" or shelf life dates on the packages, use the following system:

Steps to check for Quaker cereals:

- 1 Check the ingredients to see if they contain oats, wheat, barley, or barley malt.
- Find the name of your cereal in the "Shelf-life" list below.
- Then choose the earliest of the dates and the appropriate Chodosh package code from the Quaker table given here.

QUAKER AND MOTHERS SHELF LIFE LIST: CAUTION: This dating code list was given to us by Quaker. We have not checked the kashrus of each item! CHECK KASHRUS BEFORE USING! This information is to be used with the Quaker/Mothers brands.

180 Days: Breakfast Cookies – All; Chewy Granola Bars – 25% less sugar; Oatmeal to Go Granola Bars; Soft Baked Bars – All; Real Medleys Hot Cereals – All;

240 Days: Chewy Granola Bars; Chewy 90 Calories Low Fat Granola Bars; Granola Bites 90 Calories.

270 Days: Cocoa Bumpers; Graham Bumpers; Peanut Butter Bumpers; Toasted Oat Bran; High Fiber Instant Oatmeal Packets; Cap'n Crunch – All; Corn Bran Crunch; King Vitaman; Natural Granola; Oatmeal Squares –All; Oh!'s – All; Puffed Wheat; Quisp.

360 Days: Chocolate Chip Instant Oatmeal Packets; Life Cereal – All. (Some Life Cereal is manufactured in Canada. Please check each box.)

540 Days: Oat Bran; Instant Oats; Rolled Oats; Old Fashioned Oats; Quick 1- Minute Oats; Steel Cut Oats; Instant Oatmeal Packets – Original; Apples & Cinnamon; Fruit & Cream; Maple & Brown Sugar; Raisin, Date, & Walnut; Raisins & Spice; Lower Sugar – All; Consult the Quaker table given in the box for each of the categories listed above.

Quaker Shelf life Codes					
	Oats	Wheat	Barley	Barley Malt	
180 days	Jan 19, 22	Jan 26, 2022	Jan 30, 2022	July 13, 2022	
240 Days	March 20, 2022	March 27, 2022	March 31, 2022	Aug 12, 2022	
270 Days	April 19, 2022	April 26, 2022	Apri30 6, 2022	Sept 11, 2022	
360 Days	July 18, 2022	July 25, 2022	July 29, 2022	Dec 10, 2022	
540 Days	Jan 14, 2023	Jan 21, 2023	Jan 25, 2023	June 8, 2023	
360 Days-Canada	0915				
540 Days-Canada	0915				

- **7 R&F Pasta**. Egg noodles Chodosh code Aug 13 23 (2 years after packing.) All other pasta: Aug 13 24, (3 years after packing.)
- **7 Ralph Pasta**, Chodosh code Aug 13 24 (3 years after packing).
- **7 Ralston Cereals**: Instant and Regular Ralston cereals the code for cold, ready to eat cereals is 1 year after packing and 18 months after packing for hot cereals. For oats products, code for cold cereals, July 23, 22, for hot cereals Jan 23 23. For cereals containing wheat, the code for cold cereals is July 30 22, for

hot cereals it is Jan 30 23. When the only problem is malt, the code for cold cereals is Dec 15 22, for hot cereals it is Jun 15 23.

- **7 Rhodes** frozen rolls and frozen dough have a Chodosh code April 30 22 (9 months after packing.)
- **7 Rice Select Pasta** has a Chodosh code of Aug 13, 2024 (3 years after packing). Royal Blend Whole Grain With Texmati Brown & Red Rice contains barley and has a code of Feb 3, 2023. (18 months after packing). Royal Blend Whole Grain With Texmati Brown & Wild Rice contains wheat and has a code of Jan 30, 2023. Royal Blend Texmati Light Brown Rice With Flaxseed contains pasta and has a code of Feb 13, 2023.
- **7 Rice Dream Beverages** Unsweetened Rice Dream no longer contains any Chodosh related ingredients. Other Rice Dream products are made with Barley Enzymes.
- **7 Riverhead barley** has a code of Aug 3, 2022 (1 year after packing)
- **7 Rite Aid Oatmeal**, single serve packets have a Chodosh code of Jan 23, 2023 (18 months after packing).
- **7 Ronco Pasta**. Chodosh code for egg noodles Aug 13 23 (2 years after packing). All other pasta use Chodosh code of Aug 13 24. (3 years after packing).
- **7 Ronzoni Pasta** made in the USA: Egg noodles, healthy harvest, garden delight: Aug 13 23, (2 years after packing.) Smart taste pasta contains oats and has a code of Jul 23, 23 (2 years after packing). For all other pasta use the date of Aug 13 24, (3 years after packing).
- 7 Ronzoni (Catelli & Lancia) Pasta made in CANADA: Yoshon through November. (MK-Canada)
- **7 Rorie's Gluten Free Dough Mix** has a chodosh code of July 23, 2024 for all products containing oats. (3 years after packing)
- **x Royal Gefilta Fish** is Yoshon under the Hashgocho of Rabbi Osher Eckstein
- **7 Sadaf** CousCous and other pasta products have a code of Aug 13, 24 (3 years after production).
- **7 San Giorgio Pasta** Chodosh code for egg noodles is Aug 13 23 (2 years after packing). For all other pasta Aug 13 24. (3 years after packing).
- **x** Sara's Muffin Mix: corn muffin mix and bran muffin mix are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **7 Savion Croutons** Chodosh code P2111 (P=not important, 211=day of the year, 1=year.)
- **7 Savion Cous**, kosher for Passover is made from matzo meal and is Yoshon.
- **7 Schaefer Brewing Co.** Chodosh code=2 135 (2=year, 135=day of the year), 6 months after packing).
- **Scotto's Fat Free Biscotti** is Yoshon only when Yoshon is printed on the label under the Hashgocho of the Kof-K.
- **Sea Diamond Frozen Products** are Yoshon, if there is an O-U plus a Yoshon label on the package.
- **Setton Farms**: Graonla and other products with the OK Kosher symbol and Yoshon label are Yoshon under the Hashgocho of the OK.

- **7 Sensible Portions Veggy Straws** and other items from this company, the package date is 180 days after packing. For items containing wheat, the Chodosh code is Jan 26 22.
- **x Shibolim Crackers and Crisp Breads** are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim.
- **x** Shibolim Matzos whole wheat, light whole wheat and spelt are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **x** Shibolim Pasta: orzo, croutons and other pasta products are all Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim.
- x Shibolim Oats are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **x** Shibolim Matzo Ball Mix is Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalaim.
- **Shindler Fish Products** Yoshon under the Hashgocho of the OU with a Yoshon label only.
- **x Shneider Crackers** Yoshon under the hashgocho of Rabbi Schneeblag.
- **7 Shoprite Pasta**, Chodosh code 08 13 23 (2 years after packing.)
- **7 Shoprite Flour** All-purpose flour has a Chodosh code July 30 22 (1 year after packing.) Bowl and Basket flour has a code of Jan 30, 2023 (18 months after packing)
- **7 Shoprite Cereals**: Due to inconsistencies in the dating codes used we are no longer able to provide codes for the Shoprite cereals hot and cold. Please call customer service at 1-800-746-7748 and ask them when the package you have was produced. Please have the UPC code to give to the agent. If it contains oats and was produced before July 23, 2021, it is Yoshon. After that point, it may be Chodosh. For wheat use the date of July 30, 2021, for barley August 3, 2021 and for Malt use the date of December 15, 2021.
- **7 Shoprite Canned Soups** Canned soups have a Chodosh code of July 30 23 (2 years after packing.) except tomato soup which has a Chodosh code of Jan 30, 23. Dry soup mixes have a Chodosh code of Jan 30 23, (both 18 Months after packing).
- **7 Skinner Pasta** Chodosh code for egg noodles is Aug 13 23 (2 years after packing). For all other pasta Aug 13 24. (3 years after packing).
- **7 Smackin Good Cereals** with the Unger label, use the information given in the Guide for Malt-O-Meal.
- **7 Snack Factory Pretzel Crisps**, has a Chodosh code of July 30, 2022. (1 year after packing).
- **Snavely's Mills** Yoshon flour is available upon specific request from the Mashgiach, Rabbi Elazar Green.
- I SOY, TERRIAKI AND TAMARI SAUCES Summary: It would seem that soy, terriaki and tamari sauces that have wheat in the ingredients may be Chodosh. In fact, these are surely Yoshon at least up to the packing date of Dec 30 (5 months after July 30, the Chodosh date for wheat) and may be free of Chodosh problems completely. Even if one wants to be machinir on the Dec 30 packing date, whatever you find on the grocery shelves until at least mid February should still probably be all Yoshon.

Details: After being alerted by some mashgichim, we discussed the method of production of these sauces with expert chemists who actually produce them. Here is what we learned:

- All these sauces that contain wheat are fermented over a period of time that is 5 months or longer. All sauces that are produced in a shorter time do not contain any wheat.
- The flour when used may be from spring wheat that may be Chodosh.
- In the production of the fermented soy sauce, wheat flour and some spores are added at the same time to start the fermentation. The spores produce the fermentation, the wheat flour is added only to allow the spores to be more evenly distributed in the liquid and to do a better job. The wheat flour, which at the start is about 7% of the starting volume, is almost completely consumed during the fermentation.
- Terriaki sauce is produced the same way, except they start with only about 3.5% wheat.
- Tamari sauce uses much less wheat. From a halachic point of view, this production method seems identical to the question we raised many years ago regarding plain white household vinegar. The vinegar is produced from non-Chodosh alcohol. There, some barley malt plus other chemicals are used in combination to cause the alcohol to ferment into vinegar. In the process, the malt is virtually eliminated (much less than 1/60.). There we consulted several poskim who all ruled that the barley malt is botul. Based on that we believe that in the case of these sauces, as well, the wheat flour may be botul. Please consult your own posek regarding the question of bitul. However, since it takes at least 5 months to complete the fermentation of these sauces, there cannot be any Chodosh problem before Dec 30, 2021 in any case.
- **7 Stacy's Pita Chips**: Chodosh code Jan 28, 2022 (182 days after packing)
- **7 Start Fresh Rice Cakes** which do not list any Chodosh grains as ingredients are Yoshon.
- **7 Stella D'Oro Products**: Chodosh codes: Breakfast Treats, Toast, and Biscotti, Jan 26 22.(180 days after packing) Sponge-All, Swiss Fudge Cookies Nov 27 21 (120 days after packing). 100 Calorie Breakfast Treats, March 27 22. (240 days after packing).
- **7 Stop & Shop Cereals**. Boxed cereals containing oats: Jul 23, 2022 (1 year after packing). Boxed cereals containing wheat, but no oats July 30, 2022. Oatmeal: Jul 23, 2022.
- **7 Stop & Shop Flour**: white all-purpose flour Chodosh code July 30 22 (1 year after packing).
- **7 Stop & Shop Pearled Barley**, Chodosh code Aug 03 22 (1 year after packing).
- **7 Stop & Shop Pasta** Chodosh code Aug 13 24 (3 years after packing).
- **x** Strauss Products: Baflot Cubes, KefKef Patzpatzim/Stix, Pesek Zman, Thin Wafers are Yoshon under the Hashgocho of the OK.
- **Streits Matzo Products** including matzo crackers are Yoshon under the hashgocho of Rabbi Moshe Soloveichik and the Kof K. This includes the Foodman's Matzola Products.
- x Streits Pasta is Yoshon under the hashgocho of Rabbi Moshe Soloveichik and the Kof K.
- **Streits Chow Mein Noodles** are Yoshon under the hashgocho of Rabbi Moshe Soloveichik. Check for updates as noodles may become Chodosh later in the season.

- **Streits Soups**, soup mixes and cup soups Yoshon under supervision of Rav Moshe Soloveichik and the Kof K.
- **7 Sturm and Village Farms** oats cereals and oatmeal in cans (quick and old fashioned) Chodosh packing code July 23, 23 (2 years after packing.) For Farina the Chodosh code is July 30 22. (1 year after packing.) Oatmeal packets Jan 23, 2023 (18 months after packing).
- **8 Sweet N'Low Cookies.** Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **7 Sysco Wide Egg Noodles**, Chodosh code 21131 (21=year, 13=Day, 1=packaging information).
- **x Taaman Pasta Products** are Yoshon under the Hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **7 Taanug Oats Cereals** have a code of Jul 23, 22. (1 year after packing.)
- **7 Taanug Corn Flake Crumbs**. The only Yoshon problem is malt. The code is 21349 (21-year, 349-day of year).
- **7 Tabachnick Soups** Chodosh code for frozen soups is 043022 (04=May, 30=date, 22=year), (9 months after packing).
- **7 Target Market Pantry Flour**: Whole wheat flour and bleached flour has a Chodosh code of July 30, 2022.
- **7 Teriyaki** and **Tamari Sauces**: See Soy Sauce.
- **7 Tofuti Cuties** have a Chodosh code of 21211 (21-year, 211-day.)
- **7 Torula Yeast** has no known Chodosh problems.
- **7 Trader Joe Flour** Trader Joe flours including white unbleached flour, whole wheat unbleached flour and white whole wheat unbleached flour have a Chodosh code of July 30, 2022 (365 days after packing).
- **7 Trader Joe Cereals** Clusters Almond Granola Cereal has a code of April 23, 2022. (9 months after packing).
- **7 Trader Joe pasta** has a code of Aug 13, 2023. (2 years after packing). Note that since Trader Joes dates varies by region, we need to give a safe date of 2 years even though some packages are actually 3 years.
- \* Tradition Soups are made from winter wheat and are Yoshon
- **7 Trinidad Barley**: Chodosh date: Aug 3 22 (1 year after packing)
- **7 Triscuits Crackers** by Nabisco produced in the USA have a Chodosh code of Feb 30, 2022 (7 months after packing)
- **x** Tuscanini Pizzas are Yoshon under the Hashgocho of Rabbi Weissmandl and the Euro-K. Gnocchi is Yoshon as well.
- **Tuv Taam Products** are Yoshon, with a Yoshon label only, under the hashgocho of the CRC and the OK Labs.

- **7 Twin Marquis**: all products including egg rolls and won ton wraps have a Chodosh code of 07130. (07-month, 1-year, 30-day, date of manufacture).
- **7 Twizzlers** uses winter wheat only. This has been verified by the OU.
- **7 Uncle Sam Cereals** have a code 1 year after packing. For wheat, the code is July 30, 2022.
- **7 Ungar Fish Products**, have a Chodosh code of JU2130 (JU-Month 21-year 30 day.)
- **7 Unger Cereals** with oats the code is July 23 22 (1 year after packing). For wheat code is July 30, 22. Corn Flakes and other cereals where the only problem is malt, the code is Dec 15 22. If the cereal also has a Malt-O-Meal label, use the dates given for Malt-O-Meal.
- **x** Universal Frozen Foods under the Delectable Gourmet and Kosher'US Labels Yoshon under the CRC-Hisachdus.
- **I USA SPELT PRODUCTS** NOT CHODOSH: There should be no Chodosh problem at all with spelt products produced in the USA based on the following facts:
- 1. The spelt s in the USA is always a winter crop and is Yoshon.
- 2. About 80% of the spelt grown in Canada is a winter crop, only about 20% is a spring crop that may be Chodosh. Most of the spelt in Canada is grown in Ontario, which is on the eastern part of Canada. This spelt is almost 100% winter crop. The climate in Ontario can support either winter or spring crops. However the winter crops usually yield a much bigger harvest. So Ontario will only produce a spring spelt under the rare occurrence of a failure of the winter crop. Factories that use spelt that are in the eastern half of the USA would most likely use either USA grown spelt or the spelt that comes from the nearby Canadian region of Ontario. In either case, this would be a winter crop. The 20% spring spelt is grown in Western Canada. Therefore, our conclusion that the spelt used in products made in the USA can be assumed to be free from Chodosh problems is based on the following. As always, for halacha, check with your own Rav or Posek.
- 1. It is quite likely that spelt products made in the USA should use locally grown spelt that is Yoshon.
  - 2. Even if they use Canadian spelt, 80% of that is a winter crop and is Yoshon.
- 3. In the eastern part of the USA, it is probable that much more then 80% of the imported Candian spelt should be Yoshon. This is because Ontario which is in the east part of Canada basically produces only winter spelt. The spring spelt is produced in Western Canada almost excusively.
- 4. Even if the Canadian spelt should be a spring crop, it may be last years and would be Yoshon. We would like to thank Rabbi Norman of the COR in Toronto and Rabbi Jaffee of the kashrus organization in Montreal who pointed out that our assumptions about Canadian spelt being mostly Chodosh may not be correct. We were able to confirm their information independently from industry and university sources.
- **7 Utz Honey Wheat Pretzels** Chodosh code Nov 19 2021(16 weeks after packing). Sourdough pretzels have a code of Dec 3, 2021 (18 weeks after packing).
- **7 Venus Fat Free Crackers**. The multigrain mix in the ingredients contains wheat and oats. Chodosh date is 1211#####. (1=year, 211=day of year, numbers # following are shift information).

- **x** Vered Cereals from Israel are Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- 7 Village Farm Oatmeal See Sturm
- **7 Villa Maria Pasta** has a Chodosh code of 08/13/2021. (date of manufacture).
- **7 Vitacost Grain Products**: Items containing oats have a code of July 23, 2023 and those containing wheat but no oats have a code of July 30, 2023. (2 years after packing).
- **7 Vitelli Noodles and Pasta** Chodosh code Aug 13 2024 (3 years after packing.)
- **7** Wacky Mac Macaroni and Cheese from New World Pasta has a Chodosh code of August 13, 2023, (2 years after packing). Note that this product is not Chalav Yisroel.
- **7 WalMart Great Value Pasta**: Spaghetti and macaroni For these items call the company at 877-505-2267. Have the product UPC code to give to the agent. and ask for the package code for August 13, 2021.
- **7 WalMart Great Value Products**: Quick oats Chodosh code Jan 19, 23 (545 days after packing). Bran Flakes July 30, 2022 (12 months after packing), for other items call the company at 877-505-2267. Have the product UPC code to give to the agent and ask for the package code for July 23 for oats cereals or July 30 for wheat.
- **7 Wan Ja Shan Soy Sauce** has a Chodosh code of 30/JUL/24, 3 years after packing.
- **7 Wasa CrispBread** has a Chodosh code for oats of Sep 23, 2022 and for wheat of Sept 30, 2024 (14 months after packing.)
- **7** Weetabix cereals with oats, the code is Jul 23, 2022 (1 year after packing.). The wheat in all non-organic cereals is winter wheat and is Yoshon. Barley, Aug 3, 2022. For organic cereal the Chodosh code for the wheat is July 30, 2022 (1 year after packing.) The malt in all organic cereals is Yoshon. For non-organic cereals, malt may be a problem starting with a code of Dec 15 22.
- **7 Wegmans Oatmeal:** Instant oatmeal original flavor has a code of Jan 21, 23, (547 days after packing).
- **7 Wegmans Pasta** in the red boxes: Chodosh code August 13, 2023. (2 years after packing).
- **7 Wegmans White Whole Wheat Flour** as well as Regular Whole Wheat Flour have a code of July 30, 2022 (1 year after packing).
- **7** Weight Wise by Rokeach rice cakes check list of ingredients. Those which do not list any Chodosh grains as ingredients are Yoshon.
- I WHEAT STARCH: Wheat starch is used in many cereals, some cookies and other products. In the past we assumed that wheat starch can be made from spring wheat as well as winter wheat. Therefore, we advised that one should be machmir and assume that starting with a packing date shortly after the start of the spring wheat harvest, all wheat starch may be Chodosh. This is still advisable lechatchila when possible. Since wheat starch is used in so many products and in so many ways, that it is often not possible to be certain that the wheat starch is vadai Yoshon. When such certainty is not possible, we were advised that it is permitted to be maikil and assume that all wheat starch is Yoshon. This assumption is based on the following arguments:
- (1) There is no advantage in making wheat starch from spring wheat over winter wheat.

- (2) About 70% of all wheat grown in the USA is winter wheat. This makes winter wheat certainly the rov of all wheat available. (However, this winter wheat cannot be used by bakeries for breads, challahs and many other products. Those need spring wheat flour.) It also makes winter wheat cheaper.
- (3) We apply the sfek sfeika of the Rema since the wheat starch could be from last year. Even if it where freshly manufactured, it is more likely to come from winter wheat which is Yoshon. We consulted the following Rabbonim who agreed that since it is not possible to clarify the matter beyond what is written above, that it is justified to be makil on wheat starch. (Names in alphabetical order) Harav Hagoan Yisroel Belsky ZT"L, Harav Hagoan Moshe Heinemann Shlita, Harav Hagoan Shmuel Kaminezky Shlita and Harav Hagoan Shlomo Miller, Shlita. This will be the policy of the Guide. For those who wish to be machmir, the chumra packing date for wheat starch would be July 30, 2021. As always, consult your own Rav or posek.
- **7 Wheatena** cereal has a code of Jan 30, 23 (18 months after packing).
- **Wholly and Wholesome pie shells** (sold in Israel and England) are Yoshon under the OU, with a Yoshon label only.
- **Wilkins Rogers Mill** Yoshon flour available upon specific request from the Mashgiach, Rabbi Elazar Green.
- **7 Winco Crackers**: Saltines-All, Crispy Snack Crackers -All, Crispy Veggie Crackers, Woven Wheat Crackers-All, Gourmet Crackers-All, Chicken Crisp Crackers 7.5 oz, Dairy Oyster Crackers, Dairy Crackers-All, Chodosh code: Feb 28, 2022 (7 months after packing). Granola Bars-All, Chodosh Code Apr 23, 2022 (9 months after packing).
- **7 Winco All Purpose Flour**: Chodosh code July 30, 2022 (1 year after packing)
- **7 Winco Pasta Products**: Chodosh Code August 13, 2023 (2 years after packing)
- **7 Winco Pearled Barley**: Chodosh Code August 3, 2022 (1 year after packing)
- **7 Winco Cereals:** For oats the code is July 23, 2022, For wheat the code is July 30, 2022 (1 year after packing) Oatmeal-All varieties Chodosh code: Jan 23, 2023 (18 months after harvesting).
- **7 Winco Ice Cream Cones**: Sugar Cones contain oats code: July 23, 2023 all other cones July 30, 2022 (2 years after packing)
- **7 Winco Cookies**: Vanilla Wafers, Animal Cookies, Iced Oatmeal Cookies, Old-Fashioned Oatmeal Cookies, Sugar Cookies, Cookies Ginger Snaps, Mint Creme Cookies, Chocolate Cream Cookies, Chocolate Double Cream Cookies, Clear Savings Cookies All, Chocolate Chip Cookies -All Chodosh code: Feb 28, 2022 (7 months after packing) Lemon Shortbread Cookies, Fudge Graham Cookies, Coconut Caramel Fudge Cookies, Fudge Striped Shortbread Cookies April 30, 2022 (9 months after packing).
- **7 Winco Snacks**: Pretzels: Chodosh code: Nov 30, 2021 (4 months after packing) Potato Chips: Jan 30, 2022 (6 months after packing).
- **7 Winco Frozen Products**: Frozen Waffles, Frozen Molten Lava Cakes July 30, 2022 (1 year after packing). Frozen tarts contain oats and have a code of Jul 23, 2022.

- **7** Wise Potato Chip Products. Some flavored potato chips have flour listed in the ingredients. This may be spring wheat flour. Chodosh packing date is Aug 6. 1.25 and .75 oz. bags Chodosh code is Dec 17, 2021 (20 weeks after packing) For 3.25 oz. bags the code is Nov 12, 2021 (15 weeks after packing). For the 8.75 oz bags the code is Oct 22, 2021, (12 weeks after packing).
- **7 Won Ton Food Co.**: Won Ton Crackers Chodosh Code of 73021AAAA (7-month, 30-day 21-year, Letters following are packing and shift info).
- x Yehuda Matzos, Yoshon under the hashgocho of the Badatz Eida HaChareidus of Yerushalayim.
- **7 Zerega Pasta**, Chodosh code 2251 (225=day of year, 1=year.) Some products have a best if used by date. For egg noodles, whole wheat noodles and whole grain noodles the code is Aug 13 22 (1 year after packing). For all other pasta the code is Aug 13 23 (2 year after packing).
- **7 ZonePerfact Bars** by Abbot Nutrition have a date of July 30, 22 for Wheat (12 months after packing).

# Section 4.2. ESTABLISHMENTS AND SERVICES

Please note that many Hashgochos did not submitted their information. Therefore, many listings are missing. See preface for more information.

DISCLAIMER: The Guide to Chodosh does not give hashgochos for kashrus or Yoshon. The listing of any facility in this Guide does not mean that we investigated its kashrus. For kashrus and Yoshon assurance, look for the certification by responsible kashrus organizations or individual mashgichim.

WARNING: One time it was found that a bagel bakery was making regular bagels from Yoshon flour and whole wheat bagels from Chodosh flour. Bagels have to be cooked before baking. It was found that the Yoshon bagels were being cooked in the same utensils that were being used each day to cook the Chodosh whole wheat bagels. The problems at this bakery were corrected, under the guidance of the responsible hashgocho organization. However, there is no guarantee that such problems were unique to this bakery alone. Mashgichim and consumers who deal with bagel bakeries making both Yoshon and Chodosh bagels must make sure that the same boiler is not used for both.

SPICY FRIES WARNING: Many restaurants, pizza shops and similar establishments offer fried foods. The menu of fried foods includes fried potatoes. Many of the "spicy fries" and some of the regular frenchfried potatoes contain flour that may be Chodosh. The same oil is used to fry other items including falafel balls. Ask you posek or Rav whether those careful about Yoshon are allowed to eat these other fried foods that are inherently not Chodosh but are fried in the same oil as the fries that contain possibly Chodosh flour. It should be noted that many such establishments have double fryers. This means that the pot of oil may have two baskets immersed in it at the same time. So therefore, it is possible that the questionable fried potatoes and the other non-Chodosh item share the same oil at the same time. Unless certified otherwise, all fried items have this suspicion. We thank Kehilah Kashrus for originally pointing out this problem.

WARNING: Some tuna fish and tuna fish salads used in restaurants contain bread crumbs or flour. Care must be taken to make sure that such ingredients are Yoshon.

# 4.2.1 New York City

- **Beigels Bakery Products** Yoshon with Yoshon label under the hashgocho of the O-K Labs and the CRC. This includes the Frozen Ready to Bake Doughs. Products sold individually from big boxes in stores do not have label are Yoshon even without a Yoshon label.
- **x** Chantilly Bakery or the World of Chantilly in Brooklyn is Yoshon under the hashgocho of the OK. All Yoshon products will have a Yoshon label.
- **x** Fifteenth Ave Food Corp, selling baked goods in groceries under the names of Korn, Sterns, Kohen, and New York Kosher, Laromme baked items are Yoshon. The whole wheat bread and the 12-grain bread are also Yoshon. There are NO exceptions. Yoshon items under the hashgocho of the OK Labs and the CRC.

- **□** Glick's Bakery items in bakery as well as packaged items with a Yoshon Label, Yoshon under the hashgocho of the OK-Labs.
- **□ Green's Baked Products** Yoshon with a Yoshon label, as well as products sold in their bakery under the Hashgoho of the OK.
- **□** Gotta-Getta-Bagel baked products with a Yoshon label are Yoshon under the hashgocho of the OK Labs.
- **x Kohen Baked Products**, see Fifteenth Ave Food Corp.
- **x Korn Baked Products**, see Fifteenth Ave Food Corp.
- **Muffins and More/Hoing Food Corp.** Yoshon if they have a Yoshon label plus the OK kashrus symbol.
- **New York Kosher** baked products, see Fifteenth Ave Food Corp.
- **Oh!** Nuts Packaged products with the OK Kosher symbol and Yoshon label are Yoshon under the Hashgocho of the OK.
- **x Reisman Bakery** (Brooklyn) All baked products are Yoshon. Under the hashgocho the CRC.
- **x** Sprinkles Ice Cream Store, Brooklyn, is Yoshon under the hashgocho of the Tartikover Beis Din.
- **Steinberg's Bakery**, 20 Atlantic Ave, Oceanside. Items are Yoshon if they are sealed with a Yoshon label plus the OK kashrus symbol, under the hashgocho of OK Labs.
- **x Stern's Baked Products**, see Fifteenth Ave Food Corp.
- **□ Urban Pops**, Brooklyn All products with a Yoshon label are Yoshon under the Hashgocho of the OK. Please note many of these pops do not have any problematic ingredients.
- **x** Weiss Kosher Bakery, 5011 13th Avenue, Brooklyn (718) 438-0407 Yoshon under the hashgocho of the OK Labs with a Yoshon label and CRC even without a Yoshon label.
- 4.2.2 Kew Gardens, Kew Gardens Hills, Other Queens and Long Island
- **x Zomick's Bakery**, 444 Central Ave, Cedarhurst. All items are Yoshon under the hashgocho of OK Labs. Prouducts will have a Yoshon label.

## 4.2.3 Five Towns, Long Island

x Zomicks, 85 Inip dr., Inwood - Yoshon under the hashgocho of the OK.

## 4.2.4 Monsey

No information is available for this location at this time

# 4.2.5 New Jersey

**Pollak's Heimishe Kosher Bakery** All Packaged goods are Yoshon with OK Hashgocho and Yoshon on the label.

#### Fairlawn

No information is available for this location at this time.

#### 4.2.6 Lakewood

Local Contact: Rabbi Yoseph Greenfeld, 1172 Tiffany St, Lakewood, (732) 364-1979 and Rabbi Shimon Greenfeld, 1 Kew Gardens Rd, (732) 364-7576.

- \* Ateres Riva Hall/Dalgar Cateres, Lakewood, Yoshon under the hashgocho of the KCL.
- **Authentic Kosher Chinese**, Lakewood, Yoshon under the hashgocho of the KCL, except Ramen Noodles
- **\* Bagel Nosh** 380 Clifton Ave. Yoshon under the hashgocho of the KCL.
- **8 Bun,** Lakewood, is Yoshon under the hashgocho of the KCL.
- **Cafoteria**, Lakewood, is Yoshon under the hashgocho of the KCL, except the English Muffins.
- **Circa**, Lakewood, all pizza and calzones are Yoshon under the hashgocho of the KCL.
- **x Cookie Corner** 1201 River Ave., Lakewood, NJ, Yoshon under the Hashgocho of the KCL and CRC-Hisachdus.
- **x** Cream, Lakewood, Yoshon under the hashgocho of the KCL.
- **x** Crunch Time, Lakewood, Yoshon under the hashgocho of the KCL.
- **x** Deli West, Lakewood, Yoshon under the hashgocho of the KCL.
- **x D-LUX Family Restaurant**, Lakewood, Yoshon under the hashgocho of the KCL.
- **x** Eagle Ridge, Lakewood, Yoshon under the hashgocho of the KCL.
- **x** Entrée, Lakewood Yoshon under the hashgocho of the KCL.
- x Estreia & River 978, Lakewood, Yoshon under the hashgocho of the KCL.
- ℵ Esty's Besty's is Yoshon under the Hashgocho of the KCL.
- **x** Evergreen Supermarket is Yoshon under the hashgocho of the KCL including the Bakery, Deli, Takeout, Sushi, and Fish Departments.
- x Fine Art Catering/Fountain Ballrooms, Lakewood, Yoshon under the hashgocho of the KCL.
- \* Fishing Line, Lakewood, Yoshon under the hashgocho of the KCL.
- \* Flysh, Lakewood, Yoshon under the hashgocho of the KCL.
- **x Four Corners Bagels**, all locations. Yoshon under the Hashgocho of the KCL.
- **x French Press**, Lakewood, Yoshon under the hashgocho of the KCL.
- **x** Gelbstein Bakery Yoshon under the hashgocho of the KCL.
- **□** Gingerbread House, Lakewood, All baked goods Yoshon under the hashgocho of the KCL.

 $\varkappa$ =Yoshon with hashgocho, no checking of codes;  $\beth$ =Yoshon with hashgocho must check details;  $\beth$ =No hashgocho, check codes;  $\beth$ =Chodosh;  $\beth$ =sofek, uncertain  $\beth$ =Information

- π Glatt Bite, Lakewood, is NOT Yoshon.
- x Glatt Gourmet, Lakewood, All baked goods Yoshon under the hashgocho of the KCL.
- **Gourmet Glatt of Lakewood** Both locations are Yoshon under the hashgocho of the KCL. This includes the bakery Steinberg's, takeout, sushi department, and fish department.
- x J II Pizza, Lakewood, Yoshon under the hashgocho of the KCL.
- **x Kalamata**, Lakewood, Yoshon under the hashgocho of the KCL.
- **x Keepshuto**, Lakewood, Yoshon under the hashgocho of the KCL.
- x Kosher West Babka Bakery, Lakewood, Yoshon under the hashgocho of the KCL.
- **x Lipa's Munch**, Lakewood, Yoshon under the hashgocho of the KCL.
- x Mike's Chicken Crunchers, Lakewood, Yoshon under the hashgocho of the KCL.
- Ne'emas HaChaim Hall, Lakewood, Yoshon under the hashgocho of the KCL.
- x Ottimo Café, Lakewood, Yoshon under the hashgocho of the KCL.
- □ Panini Café, Lakewood, All baked goods Yoshon under the hashgocho of the KCL.
- N Out to Lunch, Lakewood, Yoshon under the hashgocho of the KCL.
- \* Panini Café, Lakewood, Yoshon under the hashgocho of the KCL.
- \* Pita Hut, Lakewood, Yoshon under the hashgocho of the KCL.
- \* Pizza Fun, Lakewood, Yoshon under the hashgocho of the KCL.
- **x Pizza on the 9,** Lakewood, Yoshon under the hashgocho of the KCL.
- R Pizza on Wheels, Lakewood, Yoshon under the hashgocho of the KCL.
- \* Pizza Plus, Lakewood, Yoshon under the hashgocho of the KCL.
- **x Pizzaleh**, Lakewood, Yoshon under the hashgocho of the KCL.
- **x** Ryes Café and Bakery, Lakewood, Yoshon under the hashgocho of the KCL.
- **x** Seasons Supermarket on Cederbridge Ave. in Lakewood: Bakery, Deli, Fish, Sushi and Takeout are Yoshon under the Hashgocho of the KCL.
- x Shore Pita, Lakewood, Yoshon under the hashgocho of the KCL.
- **8 Smokey Hill**, Lakewood, Yoshon under the hashgocho of the KCL.
- **Snaps**, Lakewood, Yoshon under the hashgocho of the KCL.
- **Sprinkles**, both locations in Lakewood, Yoshon under the hashgocho of the KCL.
- **x Sushi Express**, Lakewood, Yoshon under the hashgocho of the KCL.
- **8 Sushi Nation**, Lakewood, Yoshon under the hashgocho of the KCL.

- \* The Upper Crust and Uppercrust Pizza Shop is Yoshon under the KCL.
- x Village Pizza & Café and Village Pizza II Yoshon under the hashgocho of the KCL.
- \* Yismach Yisroel, Lakewood, Yoshon under the hashgocho of the KCL.
- \* Yoni's, Lakewood, Yoshon under the hashgocho of the KCL.
- x Yussi's Deli, Lakewood, Yoshon under the hashgocho of the KCL.

#### 4.2.7 Baltimore

Local contact: Star-K of Baltimore, (410)484-4110.

Please contact the Star-K for any questions about their establishments. A full list should be published in the main guide.

#### 4.2.8 Boston area

No information was submitted for this location at the time of printing.

### 4.2.9 California

■ Unique Pastry Bakery and Café in Tarzana, CA, All baked good are Yoshon under the hashgocho of Rabbi Aharon Simkin of the NAK, Flag Kosher.

#### 4.2.10 Cleveland area

- **□ Grand Coffee** 1873 N. Tayler Road, Cleveland Heights, All baked goods are Yoshon under the Hashgocho of Cleveland Kosher.
- **□ Unger's Kosher Market**, bakery department only, 1831 South Taylor road, Cleveland Heights, Ohio, telephone number 216-321-7176. Yoshon under the hashgocho of Cleveland Kosher.
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## 4.2.11 Chicago

Local contact: Chicago Rabbinical Council cRc (773) 465-3900. (Note this cRc should not be confused with the CRC, Central Rabbinical Congress-Hisachdus, located in Brooklyn.)

**Emma's Bagel Cafe**, 9306 Skokie Blvd, Skokie, IL 60076 (847) 673-3030., Bread and Bakery items are Yoshon under the hashgocho of the cRc. (Chicago). This does not include pastas and items fried in non Yoshon fryer.

- **ℵ North Shore Bakery**, 2919 W. Touchy, 773-262-0600 is Yoshon under the Hashgocho of the cRc-Chicago.
- **x Tel Aviv Bakery**, 2944 West Devon, Chicago, (773) 864-8877. Yoshon under the hashgocho of the O-U.

## 4.2.12 Detroit, Oak Park, Southfield MI

Local contact: Rabbi Berel Broyde, 15130 Burton, Oak Park, MI, (248) 968-3057. Hashgocho for Yoshon: Vaad Harabonim of Greater Detroit (COR) 248-559-5005

Note: All the following under the hashgocho for Yoshon of the Vaad Harabonim of Greater Detroit (COR) 248-559-5005 for the items listed.

- **Jerusalem Pizza** 26025 Greenfield Rd. (248)552-0088. Only the plain pizza (white flour, without toppings) and white flour bagels (not whole wheat) are certified as Yoshon.
- **x Kaplan Cakes** 24650 Sussex Street, 248-797-8491, All products are certified as Yoshon.
- x Spreads Bagels & Café 15600 W. 10 Mile Road. 248-905-3717. All products are certified Yoshon.
- **The Grove Kosher Food Market** 25155 Greenfield Road, Southfield. (248) 569-5000. Fresh Bakery Department: Products are Yoshon except items listed on signs posted at store. Pizza Department: Only items listed on sign posted at store are Yoshon.
- **The Bake Station Bakery** 30760 Southfield Rd. (248)723-9000. Products are Yoshon except items listed on sign posted at store. □
- **x Yodels 'n More** − 248-252-4367, All products are Yoshon.
- **Zeman's New York Bakery** 25258 Greenfield Rd. (248)967-3905. Products are Yoshon except items listed on sign posted at store.

## 4.2.13 Phoenix, Arizona

No information was submitted for this location at the time of printing.

## 4.2.14 Florida

#### Miami

No information was submitted for this location at the time of printing.

## 4.2.15 Washington DC, Silver Springs area

#### Rockville/Potomac Locations:

No information was submitted for this location at the time of printing.

#### **Silver Spring Locations:**

No information was submitted for this location at the time of printing.

 $\varkappa$ =Yoshon with hashgocho, no checking of codes;  $\beth$ =Yoshon with hashgocho must check details;  $\beth$ =No hashgocho, check codes;  $\beth$ =Chodosh;  $\beth$ =sofek, uncertain  $\beth$ =Information

#### 4.2.16 Massachusetts

No information was submitted for this location at the time of printing.

#### 4.2.17 St. Louis

No information was submitted for this location at the time of printing.

#### 4.2.18 Israel

#### Food exported by Israel

Food produced in Israel under hashgochos considered reliable for kashrus are also always Yoshon. In addition, all items produced under the hashgocho of the Badatz of Yerushalayim are also always Yoshon, even if they are packed outside of Israel.

#### Food imported to Israel

Many of the American-brand-name food items that are sold in Israel and other countries are produced under contract outside of the USA. The information printed in this Guide should not be assumed to apply to any food items purchased outside of the USA, unless you have a clear indication that that item was indeed produced in the USA. This Guide cannot vouch for the relevance of information printed in the Guide for such items produced in other countries.

- **x Kedassia, London**. Everything with this hashgocho on it Yoshon everywhere in the world.
- **Kellogs Cereals** manufactured in Europe and sold in Israel and Europe are Yoshon under the Hashgocho of the Manchester Beis Din, besides for the Kellogs All Bran Original that is Safek Chodosh.
- **x** London Federation of Synagogues advised that to their knowledge all crackers and biscuits produced in Europe are Yoshon. Obviously not all of these are under the hashgocho of the Federation. All packaged products with the Federation's KF symbol are always Yoshon, whether sold in Israel or elsewhere.
- **x** Morning Flakes oats cereal sold in Israel and Europe is Yoshon under the hashgocho of the Manchester (England) Beth Din.
- **7 Quaker cereals** sold in Israel have the same codes and dates as the listing for the same items sold in the USA, as stated in Section 4.1 of this Guide. Quaker oats cereals made in England and sold in Israel and elsewhere in the world are Yoshon, under the hashgocho of the London Federation of Synagogues, if there is a KF symbol on the package. (Note: Some people in Israel use the term "Quaker" to refer to all hot oats cereals that need to be cooked, regardless of the company which manufactures it. In this Guide, the term Quaker is used to refer only to products made by the Quaker Company, including cereals eaten with cold milk.)
- **x** Rabbi Westheim/Landau. Everything under his hashgocho is always Yoshon everywhere in the world. This includes Bobbie's fish products sold in Europe.
- **x** Speedycook Oats manufactured in Ireland are Yoshon under the Hashgocho of the Manchester Beis Din.

IMPORTANT NOTE: As mentioned above, food produced in Israel itself under reliable hashgocho is always Yoshon. However, we have ample evidence that many packaged goods are being imported to Israel with no concern about the possibility that they may be Chodosh. Importers often paste their own labels, in Hebrew on such packages, describing the foreign kashrus organization that vouches for the kashrus, but not the Yoshon status, of the contents. The general public in Eretz Yisroel is more strict about Chodosh than the majority of people in Chutz L'Aretz. Nevertheless, this public is often not aware that some of the hashgochos in Chutz L'Aretz are not usually actively avoiding Chodosh. We are warning our brothers and sisters in Eretz Yisroel about this problem and we urge our readers to also spread the word.

## 4.2.18 Elsewhere in the world

## Antwerp, Belgium

The locally grown wheat is always Yoshon. The bakeries use local wheat flour for breads and challahs, making these Yoshon. Some of the bread-like cakes, such as yeast cakes may be Chodosh. For pasta, ask for Israeli products, which are always Yoshon. Barley that is locally grown is Yoshon. However, apparently, during some years, most of the barley used for cholent comes from North America and may be Chodosh. For up to date information, contact Rabbi S. Golovenshitz, 011-323-230-8537. We are not aware of any facilities producing Yoshon under hashgocho in Antwerp.

#### Canada

#### **Toronto**

Local contact: COR, Rabbi Yehoshua Norman (416) 635-9550. The COR publishes several Chodosh Bulletins during the season. Consumers in Canada should contact the COR directly for copies of these bulletins. Bulletins are also available online at www.COR.ca.

#### **Montreal**

For Chodosh information about Canada in general and Montreal in particular, contact Rabbis Peretz Jaffee or Y. Wenger of the Jewish Community Council of Montreal, 5491 Victoria Ave., Montreal, (514)739-6363. This organization publishes several Chodosh Bulletins during the season. Contact this organization directly for copies of these bulletins.

## **England**

#### London

Local contact: Rabbi Michoel Scharf of Kedassia. Office phone: 011-44-208-800-6833, Fax: 011-44-208-809-7292

All packaged items, under the hashgocho of Kedassia are certified Yoshon. Most bakeries are Yoshon. The season starts in Nov. or later. Contact them for updated bakery lists.

Federation of Synagogues, London. Telephone number 011-44 - 208 - 202 - 2263. Dayan Moshe Elzas. All packaged products with the Federation's KF symbol are always Yoshon, whether sold in Israel or elsewhere.

London Beth Din, Rabbi Gershon Feinsilver. Telephone number 011 - 44 - 208 - 343 - 6253. Contact them for some Yoshon information.

#### **Manchester**

Local contact: Manchester Beth-Din, 00-44-161-740-9711Many services are Yoshon under the Beth Din, check with them.

#### Gateshead

Local contact: Rabbi Elozor Lieberman, 37 Grasmere St West, Gateshead. Telephone 011-44-191-477-1598. All food establishments in Gateshead, England are Yoshon under the hashgocho of Rabbi Lieberman.

## Johannesburg, South Africa

Up to date Yoshon information is available from the UOS, The Union of Orthodox Synagogues of South Africa in Johannesburg. Their Yoshon Bulletin may be accessed on the Web at the address www.uos.co.za. Look for the Kashrus Guide. Under that look for Yoshon Update. You can also call them at 011-27-11-485-4865.

## Melbourne, Australia

For local information, contact Kolel Bais Hatalmud, 362A Carlisle St. Balaclava, Melbourne (3183). Due to a much later harvest in the Southern hemisphere, the Chodosh season only lasts about 3 months in total.

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א Kemach Cones, 17

א Korn's, 13

א Kosher Select, 8

א Lasova Bakery, 19

x Man Cookies and Wafers, 20

א Nitzy's, 13

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□ Bagel Distribution, 9

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□ Bella's Baked Goods, 10

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☐ Elite wafers and other products, 13

□ Gedilla Products, 14

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≥Kingsway Pita Products, 18

7 Aunt Gussie's Cookies, 9

7 Baker's Harvest Graham Crackers and saltines, 9

7 Fiber Gourmet Crackers, 13

7 Glick's Graham Cracker Pie Crust, 15

7 Keebler's Pie Crusts, 17

T Kontos, 19

T Kravy Dip Dip Crackers, 19

7 Mrs. Pure's Ginger Snaps, 22

7 New York Pretzels, 22

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T Oreo Cookies, 23

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T Triscuits Crackers, 31

7 Venus Fat Free Crackers, 32

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T Winco Cookies, 34

T Winco Crackers, 33

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o Ezekiel bread, 13

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7 Crisco Baking Spray, 12

7 Glick's Baking Spray, 15

7 Pam Baking Spray, 23

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א Benz's Pearled Barley, 10

א Gefen Barley, 14

7 C & F Barley, 11

т Goya Barley, 15

7 Jack Rabbit Barley, 16

7 Peak Barley, 24

7 Quaker Oats Co. Barley, 25

T Riverhead barley, 27

7 Stop & Shop Pearled Barley, 29

7 Trinidad Barley, 31

T Winco Pearled Barley, 33

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א Corona Beer, 12

7 Beer, 10

7 Budweiser Beer, 11

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7 Coors Beer, 12

7 Heiniken Beer, 16

7 Miller Brewing Co, 21

7 Pabst Brewing Co., 23

7 Schaefer Brewing Co, 28

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x Btam Bread Crumbs, 11

א Gefen Bread Crumbs, 14

א Lieber's Bread Crumbs, 20

א Osem Bread Crumbs, 23

☐ Kineret Bread Crumbs, 18

7 Jason Bread Crumbs, 16

7 Kellogs Corn Flake Crumbs, 17

7 Panko Bread Crumbs, 23

7 Taanug Corn Flake Crumbs, 30

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ℵ Gefen Cake and Cookie Mixes, 14

ห Sara's Muffin Mix, 27

7 Betty Crocker Cake Mixes, 10

7 Duncan Hines, 13

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א Gross Chocolate Leaves, 16

☐ Blok Chocolatier, 11

ュ Le Chocolate, 19

7 Joray Fruit Rollups, 16

7 Twizzlers, 31

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א Kedem Cereal Bars, 17

x Kosher Mills Hot and Cold Cereals, 19

א Shibolim Oats, 28

ห Vered Cereals, 32

☐ Gefen Cereal, 14

☐ Kemach Cereals, 17

7 Alpen Cereal, 8

7 Arrowhead Mills Cereals, 8

7 Arrowhead Mills Vital Wheat Gluten, 8

7 Attune Foods Cereals, 8

7 Barbara Cereals, 9

7 Bear Naked Granola, 10

7 Bob's Red Mills Cereals, 11

7 Cascadian Farms Cereals, 11

7 Cream of Wheat Farina, 12

7 EnviroKidz Cereals, 13

7 Erewhon Cereals, 13

7 Farina Mills, 13

7 Fiber1 Chewy Snack Bars, 13

7 Gold Confections Granola Bars, 15

7 Good N' Hearty Cereals, 15

7 Hodgson Mills Cereals, 16

7 Hodgson Mills Vital Wheat Gluten, 16

7 Kashi Cereals, 16

7 Kellogs Cereals, 17

7 KIND Healthy Grains Granola Bars, 18

7 Krasdale Oats Cereal, 19

7 Kretschmer Wheat Germ, 19

7 Maltex Cereals, 20

7 Malt-O-Meal Cereals, 20

7 Maypo Oats, 21

7 Millville Oatmeal, 21

7 Mother's Cereals, 22

7 Mother's Wheat Germ, 22

7 Nature Valley Granola Bars, 22

7 Post Cereals, 24

7 Publix Cereals, 25

7 Quaker Cereals, 25

7 Ralston Cereals, 27

7 Rite Aid Oatmeal, 27

7 Shoprite Cereals, 28

7 Smackin Good Cereals, 28

7 Stop & Shop Cereals, 29

7 Taanug Oats Cereals, 30

T Trader Joe Cereals, 30

7 Uncle Sam Cereals, 31

7 Unger Cereals, 31

7 Village Farm Oatmeal, 32

7 Vitacost Grain Products, 32

7 Wacky Mac Macaroni and Cheese, 32

7 Weetabix cereals, 32

7 Wheatena, 33

T Winco Cereals, 33

7 ZonePerfact Bars, 34

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7Sturm and Village Farms Cereals, 30

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I Dough Conditioners, 12

7 Puratos Bagel Improver, 25

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I Baking Flour, 9

I Professional Bakery Flour, 25

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x Kemach All-Purpose Flour, 17

x Kemach High Gluten Flour, 17

א Kemach Whole Wheat Flour, 17

ב Snavely's Mills, 29

ב Wilkins Rogers Mill, 33

T All Trumps Flour, 8

7 Arrowhead Mills Organic Pastry Flour, 8

7 Arrowhead Mills Whole Wheat Flour, 8

7 Bay State Bouncer Flour, 10

7 Ceresota White Flour, 12

7 Ceresota Whole Wheat Flour, 12

7 Duso Co, 13

7 Eden Foods Whole Wheat Flour, 13

7 Giant White Flour, 15

7 Gold Medal Bread Flour, 15

7 Gold Medal Whole Wheat Flour, 15

7 Heckers White Flour, 16

7 Heckers Whole Wheat Flour, 16

7 Hodgson Mills Flours, 16

7 Kansas Diamond Flour, 16

7 King Arthur Special for Machine Bread Flour, 18

7 King Arthur White Flour, 18

7 King Arthur Whole Wheat Flour, 18

7 Krasdale All Purpose flour, 19

7 Pillsbury Flour, 24

7 Publix Flour, 25

7 Shoprite Flour, 28

7 Stop & Shop Flour, 29

Trader Joe Flour, 30

7 Trader Joe White Whole Wheat Flour, 30

7 Wegmans White Whole Wheat Flour, 32

T Winco All Purpose Flour, 33

#### **Food Starch**

I Food starch, 13

I Modified Food Starch, 21

#### **Frozen Products**

א Angel's Bakery, 8

א Bartenura Gnocchi, 10

א Blinzi, 10

א Chef Tzali, 12

א Fresh and Frozen Gefilta Fish, 14

א Kineret Cookie Dough, 18

א Kineret Onion Rings, 18

א Kleins Ice Cream, 19

א Kosherific Fish Sticks, 19

x Mazor Dough Products, 21

x Mechel's Puffed Pastry, 21

א Ocean Gourmet, 23

ℵ Tuscanini Pizzas, 31

x Universal Frozen Foods, 31

ם BenZ's Parve Kishke, 10

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☐ Mon Cuisine Frozen Products, 21

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□ New York Select-Amnon, 22

□ Sea Diamond Frozen Products. 28

☐ Tuv Taam Frozen Products, 31

**Shindler Fish Products. 28** 

7 Apollo Filo dough, 8

7 Aunt Jemima Pancakes and Waffels, 9

7 Ben and Jerry's Ice Cream, 10

T Birch Benders Pancake Mixes, 10

T Eggo Waffles and pancakes, 13

7 Gefen Egg Roll Wraps and Won Ton

Wraps, 14

7 Kroger Frozen Bread Dough, 19

7 Lightlife, 20

T Macabee Frozen Pizza, 20

7 McCain Spicy Fries, 21

7 Morning Star Farms, 21

7 Nasoya Food Co, 22

7 Oronoque Frozen Pie Crusts, 23

7 Publix Waffles, 25

7 Rhodes, 27

T Royal Gefilta Fish, 27

7 Tofuti Cuties, 30

T Twin Marquis, 31

7 Ungar Fish Products, 31

T Winco Frozen Products, 34

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I Maltodextrin, 20

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I Matzos, 21

א Carmel Matzo Co. Crackers, 11

x Kemach Matzo Meal, 17

x Kemach Matzos, Matzo Meal, 17

x Matzos made in Israel, 21

ห Shibolim Matzo Ball Mix, 28

א Shibolim Matzos, 28

x Streits Matzo Products, 30

א Yehuda Matzos, 34

#### **Packaged Goods**

ℵ Gefen Cups of Soups, 14

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ℵ Golden Fluff Products, 15

x KJ Poultry Ready Meals, 19 x Laish Croutons, 19

ם Bob's Red Mill, 11

☐ Courtelyou Snacks Corp, 12

☐ Kemach Pie Crusts, 18

☐ Klein's Naturals, 19☐ Paskesz Candy, 24☐

☐ Paskesz Items, 24

ב Setton Farms, 28

□ Streits Soups, 30

**≥**Wholly and Wholesome pie shells, 33

7 Anderson's Pretzels, 8

7 Carb for Life, 11

7 Celestial Seasoning Teas, 11

т Cliff Bars, 12

7 Eden Foods, Edensoy, 13

7 E-Z Gourmet, 13

7 Food Should Taste Good Company, 13

7 French's French Fried Onions, 14

7 Gefen Chicken and Bar-b-q Seasoning, 14

7 Golden Bowl Won Ton Wraps, 15

7 Herr's Honey Wheat Pretzels, 16

7 Kitov and Matamim Products, 187 Landau Whole Wheat Pretzels, 19

7 Lipton Herbal Teas, 20

7 Mother's Graham Cracker Pie Crust, 22

T Nature's Bakery Fig Bars, 22

7 Near East Food Products,, 22

T Nutri Grain Bars, 22 7 Oat Dream, 22

7 Ovaltine beverage, 23

7 Pringle Potato Chips, 24

7 Rice Dream Beverages, 27

T Rorie's Gluten Free Dough Mix, 27

7 Savion Croutons, 27

7 Sensible Portions Veggy Straws, 28
7 Snack Factory Pretzel Crisps, 28
7 Utz Honey Wheat Pretzels, 32
7 WalMart Great Value Products, 32

7 Wise Potato Chip Products, 34

7Dr. Prager's Sensible Foods Products, 12

7Pepperidge Farm, 24

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ℵ Shibolim Pasta, 28ℵ Streits Pasta, 30

ห Taaman Pasta Products, 30

☐ Gefen Pasta and Noodle Products, 14

☐ Greenfield Noodles, 16

☐ Kemach Chow Mein Noodles, 17

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7 American Beauty Pasta, 8

7 Anthony noodles, 8 7 Barilla Pastas, 9

7 Bravo Pasta, 11

7 Catella Whole Wheat Macaroni, 11

7 Columbia Pasta, 127 Creamette Pasta, 12

7 C-Town Pasta, 12

7 De Boles Organic Whole Wheat Pasta, 12

7 De Cecco Pasta, 127 Fiber Gourmet Pasta, 13

7 Goodman's Rice with Vermicelli, 15

7 Hodgson Mills Pasta, 16

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7 Mother's Noodles and Pasta, 21

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7 Pennsylvania Dutch Pasta, 24

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Ralph Pasta, 27
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Ronco Pasta, 27
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T Sadaf, 27

7 San Giorgio Pasta, 27
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7 Shoprite Pasta, 28
7 Skinner Pasta, 28
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7 Sysco Wide Egg Noodles, 30

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- 7 Vitelli Noodles and Pasta, 32
- 7 WalMart Great Value Pasta, 32
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- 7 Kedem Soup Mixes, 17
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- T Kikkoman Soy Sauce, 18
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I USA Spelt Products, 31

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7 Heinz Specialty Vinegars, 16

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- ℵ Freeda Vitmains, 14
- 7 Maxi Health, 21

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I Wheat Starch, 33

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- I Audolized yeast, 8
- 7 Baker's Yeast, 9
- 7 Torula Yeast, 30
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